

THE COMMUNITY AND CHILDREN'S RESOURCE BOARD
OF ST. CHARLES COUNTY
Board of Directors Meeting Minutes
June 25, 2018
Amended September 24, 2018

Meeting Call to Order: The meeting was called to order at 8:02 a.m.

Roll Call and Guests:

Present: Ron Berrey, Molly Dempsey, Larry Marty, Allison Onder, Nancy Schneider, and Linda Wilson Horn

Staff: Bruce Sowatsky, Michelle McElfresh, and Jeanne Spencer

Absent: Raymond Horry

Guests: Mandy Bowlin (Behavioral Health Response), Caitlin Hermann (Boys & Girls Club), Marion McCord (CHADS Coalition for Mental Health), Sissy Swift (The Child Center, Inc.), Sheri Wiltse (Community Living), Katrina McDonald (Crider Health Center), DiAnne Mueller and Lindsay Kyonka (Crisis Nursery), Laura Ojo (F.A.C.T.), Kathy Thompson (LINC St. Charles County), Tina Meier (Megan Meier Foundation), Christine Patterson (NAMI St. Louis), Melinda Ohlemiller (Nurses for Newborns), Denise Fondren (Our Lady's Inn), Kelly Broeker and Megan Hastings (Preferred Family Healthcare), Saundra Barker (Saint Louis Counseling) Mark Hollander (The Sparrow's Nest), Amy Armour (Sts. Joachim & Ann Care Service), Juvaughn Baker and Shannon Gardner (ThriVe), Gregory Dahl (UMSL Center for Behavioral Health), Michelle Gorman and Mark Solari (Youth In Need), Karen O'Hearn, Catherine Williams (Community Assistance Board), Todd Barnes (Community Council), Lisha Ewing and Jennifer Patterson (Francis Howell School District), Melissa Daniel (Orchard Farm School District), Sheronda Brown (Resolutions for People), and Elizabeth Lippoldt (St. Charles City-County Library)

Approval of Minutes:

A motion was made to approve the minutes of the May 21, 2018 Board meeting.
(M.S.P.: Wilson Horn/Dempsey) – Motion passed.

Partner Presentation – Epworth Children and Family Services: Julia Pickup, Director of Family Services, presented on the impact Epworth's Family Support Network and Psychological Services programs have had on the community.

Public Comment: The following agencies commented about 2019 Funding Priorities:

Katrina McDonald (Crider Health Center) reported an increased demand for early childhood crisis intervention (Pinocchio) services.

Dr. Melissa Daniel (St. Charles County School Districts) reported the districts are working to improve policies and procedures for students experiencing trauma following CCRB-funded trauma-informed training for district staff. The school districts request continued support for Youth in Need, Preferred Family Healthcare, and Compass/Crider Health Center and their services, including psychological evaluations.

Karen O'Hearn, retired educator, requested funding for ThriVe Best Choice end.

Kyle Dooley (NAMI St. Louis) reported on the need for Crisis Intervention Team training for police in St. Charles County and the need for their school-based "Ending the Stigma" program, which works to change attitudes toward mental health issues and encourages students to reach out and seek help.

Ron Berrey read a written statement from United Services for Children reporting on the need for early childhood intervention services in St. Charles County.

Sissy Swift (Child Center, Inc.) reported the increased demand for forensic services and child abuse prevention services, as well as increase in human trafficking awareness.

Amy Armour (Sts. Joachim & Ann Care Service) reported the need for case management services for homeless families.

Michelle Gorman (Youth In Need) reported the need for transitional living and temporary shelter services for teens.

Kelly Broeker (Preferred Family Healthcare) reported the need for substance use prevention and treatment services for youth due to increased opiate use in children and families. Kelly also reported on the increase in demand for mental health services for younger children.

Marion McCord (CHADS Coalition for Mental Health) reported the need for suicide prevention.

Mandy Bowlin (Behavioral Health Response) reported the need for increased outreach services and psychological evaluations to better serve youth.

Lindsay Kyonka (Crisis Nursery) reported the need for child abuse and neglect services for both prevention and respite, due to the increase in opiate use, homelessness, and single parent families.

Sheronda Brown (Resolutions for People) reported the need for psychiatric services.

Report of the Chair: Ron Berrey recognized Michelle McElfresh for her work on the spring Site Audits.

Report of the Treasurer: Molly Dempsey reported on the five-month statement ending May 31, 2018. The Services Fund balance is \$426,647 and Current Assets are \$1,729,844. Actual tax revenues collected were \$482,858 on a budget amount of \$616,675. Total revenue for March was \$443,464 on a budget of \$610,775. Expenditure requests for May services totaled \$619,586 on a budget amount of \$637,541. Explanations of the 35 line items that were over the 5% variance and over \$1,000 included: Behavioral Health Response (mobile outreach), Bethany Christian Services (respite), Big Brothers Big Sisters (mentoring), CHADS (home-based services), The Child Center (forensic interviews and advocacy), Community Living (respite), Crider (care coordination and family assistance), Crisis Nursery (respite), Eleventh Circuit Court (therapeutic supervision), Epworth Children & Family Services (psychological testing), FamilyForward (counseling, psychological assessments, and home-based services), Foster & Adoptive Care Coalition (home-based services), LINC St. Charles County (counseling and wraparound), Lutheran Children and Family Services (counseling), Our Lady's Inn (unwed mothers), Preferred Family Healthcare (assessments, intensive outpatient, family counseling, group counseling, and drug tests), Saint Louis Counseling (counseling), The Sparrow's Nest (room and board), UMSL Center for Behavioral Health (testing), and Youth In Need (crisis interventions and transitional living) were due to high demand. Crider Health Center (Pinocchio and school-based Non Medicaid), Preferred Family Healthcare (Team of Concern-intakes and school-based services), and Saint Louis Counseling (crisis intervention) were above the variance due to school-based usage.

A motion was made to approve a wire-transfer for \$665,000 for the month of May. The amount includes \$45,000 for the TIF reimbursement for the City of St. Charles.

(M.S.P.: Dempsey/Schneider) – Motion passed.

Bruce Sowatsky reported that demand for services and utilization is 7% over the budgeted amount. Revenue is up between 1% and 3% growth over last year, as we await our TIF reimbursement from the City of St. Charles.

All of CCRB invoices and bills paid were completed with 100% accuracy.

Report of Standing Committees:

- Children's Trust Fund: Bruce reported CCRB is approved for continued partnership and the Mid-Year report is due July 31.
- Finance: No Finance Report.
- Personnel: No Personnel report.
- Executive – Policies and Procedures: No Executive Report.
- Strategic Planning: No Strategic Planning Report.

Report of Executive Director:

Michelle McElfresh presented on spring Site Audits to the Board, reporting 893 agency files were reviewed with 93.8% compliance rate. Michelle also commended the agencies on the work they are doing to serve children and families and for their assistance during the Site Audits.

Bruce Sowatsky reported:

- The 2018 Needs Assessment is complete. Board members received a copy of the report. The report is also available on the CCRB website and SharePoint.
- Bruce attended a meeting for the United Way's regional Needs Assessment.
- Francis Howell School District provided data on Kindergarten Readiness indicating 33% of children are not ready to enter kindergarten at age 5. Bruce will continue research to determine what factors contributed to the delay.
- Bruce has been working with Dr. Cyndi Berry to map prevention services in St. Charles County, detailing which schools receive CCRB-funded programs.
- Bruce will meet with Superintendents Dr. Bernard DuBray (Fort Zumwalt School District) and Dr. Jason Sefrit (City of St. Charles School District) regarding Kindergarten readiness and trauma training.
- Bruce is working with Matt Miller, Neighbor Helping Neighbor, to expand the program and partner with county school districts.
- Bruce reported there is a new state statute requiring teachers to have Suicide Prevention training.

Old Business:

- **Two-Year Application Cycle:** The Board discussed the proposed two-year cycle beginning with the 2019 funding year.

A motion was made to implement a two-year application cycle test as presented for 2019-2020. (M.S.P.: Schneider/Dempsey) – Motion passed.

- **Audit Approval:**

A motion was made to approve the 2017 CCRB Audit. (M.S.P.: Dempsey/Schneider) – Motion passed.

New Business:

- **2019 Funding Priorities:** The Board discussed funding priorities after listening to input from agencies and school administrators.

A motion was made to set funding priorities of psychiatry/school-based counseling, child abuse and neglect prevention, crisis intervention, and drug abuse treatment and prevention for 2019. (M.S.P.: Wilson Horn/Dempsey) – Motion passed.

- **Administration Budget Adjustment:** Bruce requested to increase the Administrative Budget by \$4,500 to purchase a new office copier to replace the failed copier.

A motion was made to approve the \$4,500 increase to the Administrative Budget. (M.S.P.: Dempsey/Schneider) – Motion passed.

- **UMSL Line Item Transfer Request:** UMSL Center for Behavioral Health requested to transfer 5.75 units of service (\$499.68) to Psychological Testing from Case Management.

A motion was made to approve UMSL Center for Behavioral Health’s line item transfer request for psychological testing. They requested to increase psychological testing (5.75 units, \$499.68) while decreasing case management (13.75 units, \$500.64). (M.S.P.: Marty/Wilson Horn) – Motion passed.

- **Ethics Policy Renewal:** Bruce discussed the Missouri Ethics Commission policy renewal.

A motion was made to readopt the Missouri Ethics Commission conflict of interest ordinance per RSMo 105.485.4. (M.S.P.: Schneider/Dempsey) – Motion passed.

A motion was made to move into Closed Session. (M.S.P.: Onder/Dempsey) – Motion passed.

A motion was made to move into Open Session. (M.S.P.: Dempsey/Onder) – Motion passed.

Announcements:

Amy Armour announced Sts. Joachim & Ann Care Service’s “Sleep Out Saturday” event on November 10, 2018. The event raises awareness and benefits services for homeless families in St. Charles County.

Adjournment: A motion was made to adjourn the meeting at 8:24 a.m. (M.S.P.: Onder/Dempsey) – Motion passed.