

THE COMMUNITY AND CHILDREN'S RESOURCE BOARD  
OF ST. CHARLES COUNTY  
Board of Directors Meeting Minutes  
December 17, 2019

The meeting for December 16, 2019 was rescheduled for December 17, 2019 due to inclement weather.

**Meeting Call to Order:** The meeting was called to order at 8:01 a.m.

**Roll Call and Guests:**

Present: Ron Berrey, Ken Dobbins, Molly Dempsey, Cory Elliott, Pastor Raymond Horry, Nancy Schneider, and Catherine Williams

Absent: Larry Marty and Allison Onder (illness)

Staff: Bruce Sowatsky, Michelle McElfresh, and Jeanne Spencer

Guests: Mandy Bowlin and Holly Nemecek (Behavioral Health Response), Linda Sanchez and Karen Englert (Boys & Girls Club), Ben Chambers (CHADS Coalition for Mental Health), Sissy Swift and Amy Robins (The Child Center, Inc.), Todd Barnes (Community Council of St. Charles County), Sheri Wiltse (Community Living), Katrina McDonald Fuller (Compass Health Network), Nicole Morris (Eleventh Circuit Court), Heather Lytle and Rachel Svejkosky (F.A.C.T.), Anne Zink (Foster & Adoptive Care Coalition), Shima Rostami (Gateway Human Trafficking), Elizabeth Makulec (Kids Under Twenty One), Kathy Thompson (LINC St. Charles County), Tina Meier and Kate Bolhofner (Megan Meier Foundation), Christine Patterson and Kyle Dooley (NAMI St. Louis), Melinda Monroe (Nurses for Newborns), Denise Fondren (Our Lady's Inn), Kelly Broeker, Megan Hastings, Hannah McNiff, and Natasha Vander Weide (Preferred Family Healthcare), Lauri Cross Fink (Saint Louis Counseling), DiAnne Mueller (Saint Louis Crisis Nursery), Kirk Kasicki (The Sparrow's Nest), Felicia Linear and Essence Robinson (ThriVe St. Louis), Nathan Harms (TREE House of Greater St. Louis), Steve Bourne and Greg Dahl (UMSL Center for Behavioral Health), Cara Merritt (Youth in Need)

**Approval of Minutes:** A motion was made to approve the minutes of the November 25, 2019 board meeting. (M.S.P.: Berrey/Elliott) – Motion passed.

**Public Comment:** No Public Comment.

**Report of the Chair:** No Report of the Chair.

**Report of the Treasurer:** Molly Dempsey reported on the eleven months statement ending November 30, 2019. The Services Fund balance is \$789,046 and Current Assets are \$2,001,405. Actual tax revenues collected were \$529,574 on a budget amount of \$616,256. Total revenue for November was \$529,574 on a budget of \$622,006. Expenditure requests for November services totaled \$454,446 on a budget amount of \$667,400. Explanations of the 15 line items that were over the 5% variance and over \$1,000 included: Behavioral Health Response (mobile outreach and phone), CHADS Coalition for Mental Health (home-based), Community Living (respite), Crisis Nursery (respite), Eleventh Circuit Family Court (supervised visitation), Sts. Joachim & Ann Care Service (home-based), and Youth In Need (transitional living) were due to high demand. The Child Center (prevention), Compass Health Network (Pinocchio and prevention),

Kids Under Twenty One (prevention), Preferred Family Healthcare (Team of Concern - prevention), Saint Louis Counseling (crisis interventions), and United Services for Children (behavioral) were above the variance due to school-based usage.

Bruce reported 22 programs have 18% or less of funds remaining as of November 30.

A motion was made to approve a wire-transfer for \$454,000.00 for the month of December. (M.S.P.: Elliott/Horry) – Motion passed.

All of CCRB invoices and bills paid were completed with 100% accuracy.

**Report of Standing Committees:**

- Children’s Trust Fund: Bruce Sowatsky reported 7 applications were received for 2020 grants and final billing for 2019 grants is due January 16, by 2:00 p.m. Bruce reported the Children’s Trust Fund committee will meet in January to review the 2020 applications.
- Finance: No Finance Report.
- Personnel: No Personnel report.
- Executive – Policies and Procedures: Bruce reported CCRB will begin working on revisions for the Finance and Personnel sections of the Policies and Procedures book in 2020.

**Report of Executive Director:** Bruce Sowatsky reported:

- CCRB staff have been preparing for the December Board meeting.
- Michelle McElfresh and Jeanne Spencer completed fall Site Audits and Michelle will give a report at the January 27, 2020 Board meeting.
- CCRB staff presented to the St. Charles, St. Peters, and Wentzville Rotary groups and participated as a vendor at the Helping Hands for the Holidays event.
- Cyndi Berry and Bruce reported to the City of St. Charles School District on the public school mental health survey conducted by Cyndi. A meeting is scheduled with the Francis Howell School District and Bruce will meet with the other school districts in the future.

**Old Business:** No Old Business.

**New Business:**

**Approval of 2020 Administrative Budget:** The 2020 CCRB Administrative Budget was discussed. Bruce Sowatsky distributed a report to Board members with projected costs for the CCRB. The Administrative Budget includes an 8% increase in medical benefits due to premium and deductible increases, increases in travel, and a 2% increase for employee salaries. The recommended 2020 Administrative Budget is \$383,600.00

A motion was made to approve the CCRB 2019 Administrative Budget of \$383,600.00. (M.S.P.: Elliott/Dempsey) – Motion passed.

**Approval of 2020 Services Budget:** The 2020 CCRB Services Budget was discussed. Bruce reported that he and the Finance Committee discussed the 2020 CCRB Services budget. Bruce provided Board members with a report on the proposed services budget. Bruce explained St. Charles County will be using a 1.5% growth model for predicting sales tax revenue in 2020. Based on the County's prediction and the CCRB's 2019 revenue rates, the Finance Committee recommended using a 1.5% growth in Children's Services funding. The recommended 2020 Services Budget is \$7,672,678.

A motion was made to approve the 2020 Services Budget of \$7,672,678.00.  
(M.S.P.: Berrey/Elliott) – Motion passed.

**Approval of 2020 Services Funding:** Bruce distributed a report to Board members with agency utilization projections for 2019. Bruce explained the CCRB protected-funds procedure: If an agency's 2019 program is at 95% utilization or higher, the program's protected amount is 100% of their 2019 allocation. If an agency's program is lower than 95% utilization, the program protected amount is based on their projected 2019 utilization. The recommended 2020 Protected Services amount is \$7,040,998.03.

A motion was made to approve the 2020 Services Fund protected amount for \$7,040,998.03.  
(M.S.P.: Berrey/Horry) – Motion passed.

The board had previously read all applications and scored them. CCRB staff ranked-ordered the application results in-priority and outside-priority. These scores provided the order in which additional agency funding was discussed.

Bruce Sowatsky reported \$631,680.70 is available for additional and new requests for 2020 Services funding. The total amount requested is \$1,556,943.23.

Services for Crisis Nursery – Respite, FamilyForward – Counseling and Respite, Lutheran Family and Children's Services, Our Lady's Inn, United Services for Children, Youth In Need – Counseling, Temporary Shelter, and Transitional Living, were approved as part of the protected amount and no additional services or funding was requested.

A motion was made to approve Crisis Nursery's home-based request for \$2,500.00, for a rate increase of \$0.80 per unit. (M.S.P.: Berrey/Dempsey) – Motion passed.

A motion was made to approve The Child Center's school-based prevention request for \$5,865.17 for an increase of 17 units. (M.S.P.: Williams/Berrey) – Motion passed.

A motion was approved to table Foster & Adoptive Care Coalition's home and community-based – Educational Advocacy request. (M.S.P.: Dempsey/Horry) – Motion passed.

A motion was made to approve Big Brothers Big Sisters mentoring request for \$5,020.32 for a rate increase of \$2.66 and an increase of 107 units. (M.S.P.: Berrey/Dempsey) – Motion passed.

A motion was made to approve Foster & Adoptive Care Coalition's home and community-based – 30 Days to Family request for \$18,058.44. (Motion – Williams) – Motion withdrawn.

A motion was made to approve Foster & Adoptive Care Coalition's home and community-based – 30 Days to Family request for \$14,802.00 for 100 units.

(M.S.P.: Dempsey/Dobbins) – Motion passed.

A motion was made to approve Eleventh Circuit Family Court's supervised visitation request for \$6,581.00 an increase of 50 units and a rate increase of \$3.00 per unit.

(M.S.P.: Williams/Elliott) – Motion passed. Molly Dempsey and Nancy Schneider abstained from the discussion and vote.

A motion was made to approve Saints Joachim & Ann Care Service's home-based request for \$5,500.00 for a rate increase of \$1.25 per unit. (M.S.P.: Williams/Elliott) – Motion passed.

A motion was made to approve Saint Louis Counseling's request for counseling for \$4,197.62 for an increase of 52 units and a rate increase of \$0.11 per unit.

(M.S.P.: Berrey/Dempsey) – Motion passed.

A motion was made to approve Saint Louis Counseling's request for counseling-Medicaid for \$74.25 for a rate increase of \$2.97 per unit. (M.S.P.: Dobbins/Elliott) – Motion passed.

A motion was made to table Saint Louis Counseling's request for counseling – Love and Logic.

(M.S.P.: Dempsey/Berrey) – Motion passed.

A motion was made to table Nurses for Newborns' home and community-based request.

(M.S.P.: Williams/Berrey) – Motion passed.

A motion was made to approve The Child Center's crisis intervention – forensic interviews request for \$10,900.51 for an increase of 53 units. (M.S.P.: Dempsey/Williams) – Motion passed.

A motion was made to table The Child Center's crisis intervention – advocacy request.

(M.S.P.: Dempsey/Williams) – Motion passed.

A motion was made to approve Kids Under Twenty One's school-based prevention request for \$3,924.00 for an increase of 18 units and a rate decrease of \$4.00 per unit.

(M.S.P.: Dempsey/Elliott) – Motion passed.

Preferred Family Healthcare's Team of Concern requests for intakes, case management, school-based services, prevention, drug tests, and psychiatry were discussed.

A motion was made to approve Preferred Family Healthcare's school-based prevention – Team of Concern – intake services request for \$1,432.59 to restore 8 units and a rate increase of \$4.59 per unit. (M.S.P.: Berrey/Elliott) – Motion passed.

A motion was made to approve Preferred Family Healthcare's school-based prevention – Team of Concern – case management request for \$1,092.00 to restore 26 units.

(M.S.P.: Berrey/Dempsey) – Motion passed.

A motion was made to approve Preferred Family Healthcare's school-based prevention – Team of Concern – school-based services request for \$36,844.50 to restore 356 units and an increase of 249 units. (M.S.P.: Berrey/Williams) – Motion passed.

A motion was made to approve Preferred Family Healthcare's school-based prevention – Team of Concern – prevention request for \$7,921.20 for an increase of 92 units. (M.S.P.: Berrey/Dobbins) – Motion passed.

A motion was made to approve Preferred Family Healthcare's school-based prevention – Team of Concern – drug tests request for \$282.92 to restore 22 units. (M.S.P.: Williams/Elliott) – Motion passed.

A motion was made to approve Preferred Family Healthcare's school-based prevention – Team of Concern – psychiatry request for \$921.76 for an increase of 4 units and a rate increase of \$5.00 per unit. (M.S.P.: Dempsey/Elliott) – Motion passed.

A motion was made to approve Epworth Children & Family Services' counseling – psychological assessments request for \$9,065.00 for a rate increase of \$17.50 per unit. (M.S.P.: Williams/Berrey) – Motion passed.

ThriVe's prevention request was discussed. No motion was made.

Compass Health Network's home and community-based – Partnership with Families – care coordination, family assistance, wraparound, respite care, and parent partner requests were discussed.

A motion was made to approve Compass Health Network's home and community-based – Partnership with Families' requests for \$57,281.46 for an increase of 489 units in Care Coordination, to restore 105 units of Parent Partner, and an increase of 163 units in Parent Partner – Medicaid. (M.S.P.: Elliott/Berrey) – Motion passed. Ken Dobbins abstained from the discussion and vote.

A motion was made to table Compass Health Network's home and community-based – Partnership with Families' wraparound and respite requests. (M.S.P.: Dempsey/Williams) – Motion passed. Dobbins abstained from the discussion and vote.

A motion was made to approve Boys & Girls Club's community-based request for \$27,520.00 for an increase of 4,000 units. (M.S.P.: Williams/Dempsey) – Motion passed.

A motion was made to approve NAMI-St. Louis' Basics and Support request for \$2,491.35 to restore 17 units and for a rate decrease of \$45.63 per unit. (Motion: Dempsey) – Motion failed due to no second.

A motion was made to table NAMI-St. Louis' Basics and Support request. (M.S.P.: Berrey/Dempsey) – Motion passed.

A motion was made to approve Epworth Children & Family Services' counseling – Family Support Network request for \$18,202.05 for an increase of 135 units. (M.S.P.: Berrey/Williams) – Motion passed.

A motion was made to approve UMSL Center for Behavioral Health's counseling – psychological assessments request for \$20,714.40 for an increase of 216 units and a rate decrease of \$1.35 per unit. (M.S.P.: Berrey/Horry) – Motion passed. Ken Dobbins abstained from the discussion and vote.

UMSL Center for Behavioral Health's counseling – case management request was discussed, but no motion was made.

A motion was made to approve Compass Health Network's school-based prevention request for \$4,786.00 for a rate increase of \$2.00 per unit. (M.S.P.: Berrey/Williams) – Motion passed. Ken Dobbins abstained from the discussion and vote.

A motion was made to approve Saint Louis Counseling's crisis intervention request for \$17,622.00 to restore 275 units. (M.S.: Williams/Berrey). A motion was made to amend the request to \$12,816.00 to restore 200 units. (M.S.: Dempsey/Elliott). A motion was made to approve Saint Louis Counseling's crisis intervention request for \$12,816.00 to restore 200 units. (M.S.P.: Dempsey/Elliott) – Motion passed.

A motion was made to approve LINC St. Charles County's crisis intervention – counseling request for \$720.00 for an increase of 12 units; and case management request for \$1,200 for a rate increase of \$4.00 per unit. (M.S.P.: Berrey/Dempsey) – Motion passed.

A motion was made to approve Youth In Need's crisis intervention request for \$3,180.00 to restore 60 units. (M.S.P.: Williams/Berrey) – Motion passed.

A motion was made to approve Youth In Need's crisis intervention – Safe Place presentations request for \$4,500.00 to restore 15 units. (M.S.P.: Williams/Horry) – Motion passed.

A motion was made to approve TREE House of Greater St. Louis' home & community-based request – equine-assisted therapy for \$16,000.00 for 160 units. (M.S.: Dobbins/Berrey) A motion was made to amend the request to \$9,500 for 95 units. (M.S.: Elliott/Dempsey) A roll call vote was held. Four in favor: Dempsey, Elliott, Horry, and Williams. Three opposed: Berrey, Dobbins, and Schneider. Motion passed. A motion was made to approve the amended request for TREE House of Greater St. Louis' home & community-based – equine-assisted therapy services for \$9,500.00 for 95 units. (M.S.P.: Elliott/Dempsey) – Motion passed with one opposed.

A motion was made to table Compass Health Network's home and community – school-based mental health specialist (SBMHS) and SBMHS-Medicaid requests. (M.S.P.: Elliott/Dempsey) – Motion passed. Ken Dobbins abstained from the discussion and vote.

A motion was made to approve Foster & Adoptive Care Coalition's home-based – Family Works request for \$2,476.80 to restore 24 units. (M.S.P.: Dobbins/Berrey) – Motion passed.

A motion was made to table NAMI-St. Louis' school-based prevention – Ending the Silence request. (M.S.P.: Dempsey/Williams) – Motion passed.

A motion was made to approve CHADS Coalition for Mental Health's school-based prevention – presentations request for \$11,658.78 for an increase of 114 units and a rate decrease of \$20.50 per unit; and school support request of \$1,617.00 for an increase of 21 units and a rate decrease of \$14.59 per unit. (M.S.P.: Berrey/Dobbins) – Motion passed.

Behavioral Health Response's (BHR) requests for crisis intervention – phone, mobile outreach, texting, presentations, training – MHFA, and training – ASIST were discussed.

A motion was made to approve BHR's crisis intervention – text request for \$1,965.60 for an increase of 13 units and a rate increase of \$6.50; presentations for \$1,892.88 for an increase of 12 units; training – MHFA for \$9,396.20 for an increase of 55 units, and training – ASIST for \$16,848.58 for 64 units. (M: Berrey) – Motion failed for no second.

A motion was made to approve Megan Meier Foundation's counseling – individual counseling request for \$11,726.00 for an increase of 100 units. (M.S.P.: Dempsey/Dobbins) – Motion passed.

A motion was made to approve Megan Meier Foundation's counseling – group counseling request for \$6,228.25 for 35 units. (M.S.P.: Berrey/Dobbins) – Motion passed.

A motion was made to approve Compass Health Network's home and community-based – Pinocchio – group request for \$2,750.00 for an increase of 100 units. (M.S.P.: Dempsey/Elliott) – Motion passed. Ken Dobbins abstained from the discussion and vote.

A motion was made to approve Community Council's Coordinated Entry request for \$7,538.40 for an increase of 135 units. (M.S.P.: Williams/Dempsey) – Motion passed.

A motion was made to approve CHADS Coalition for Mental Health's home-based services request for \$7,620.20 for an increase of 70 units. (M.S.P.: Berrey/Dobbins) – Motion passed.

A motion was made to approve Gateway Human Trafficking's home and community-based – community presentations request for \$12,856.00 for 200 units; and parent prevention for \$7,802.00 for 100 units. (M.S.P.: Dobbins/Dempsey) – Motion passed.

The Sparrow's Nest's services to teen parents – room & board request was discussed, but no motions were made.

Ken Dobbins was absent during the remainder of the meeting.

A motion was made to approve Community Living's respite request for \$17,502.63 to restore 225 units and for a rate increase of \$5.62 per unit. (M.S.: Dempsey/Berrey). A motion was made to amend the request to 175 units. (M.S.: Williams/Elliott) – Motion failed for not enough votes.

A motion was made to approve Community Living's respite request for \$17,502.63 to restore 225 units and for a rate increase of \$5.62 per unit. (M.S.P.: Dempsey/Berrey) – Motion passed.

Preferred Family Healthcare's outpatient substance use treatment requests for assessments, individual counseling, group counseling, family therapy, drug tests, intensive outpatient, psychiatry, and medication & labs were discussed.

A motion was made to approve Preferred Family Healthcare's outpatient substance use treatment request for assessments for \$1,260.18 to restore 7 units and for a rate increase of \$5.37 per unit; group counseling for \$1,039.50 for a rate increase of \$0.66 per unit; individual counseling for \$42,322.08 to restore 346 units and for a rate increase of \$3.04 per unit; family therapy for \$2,951.45 to restore 19 units and for a rate increase of \$4.50 per unit; case management for \$2,826.34 to restore 39 units and for a rate increase of \$2.00 per unit; and psychiatry for \$566.39 for an increase of 2 units and a rate increase of \$2.35 per unit. (M.S.P.: Williams/Berrey) – Motion passed. No motions were made for drug tests, intensive outpatient, and meds & labs requests.

A motion was made to approve Bethany Christian Services' respite request for \$1,521.00 to restore 23 units of service and for a rate increase of \$1.50 per unit. (M.S.P.: Williams/Dempsey) – Motion passed.

A motion was made to approve Youth In Need's services to teen mothers – individual counseling request for \$10,500.00 to restore 100 units; and group counseling request for \$3,500.00 to restore 100 units. (M.S.P.: Elliott/Berrey) – Motion passed.

The Foster & Adoptive Care Coalition's Educational Advocacy request was discussed. A motion was made to table Foster & Adoptive's request. (M.S.P.: Dempsey/Horry) – Motion passed.

A motion was made to approve The Child Center's advocacy request for \$3,971.31 for an increase of 21 units. (M.S.P.: Dempsey/Williams) – Motion passed.

A motion was made to approve ThriVe St. Louis' school-based prevention request for \$17,977.26 to restore 966 units. (M.S.: Williams/Horry) A motion was made to amend the request to 700 units (M.S.P.: Dempsey/Elliott) – Motion passed. A motion was made to approve the amended request for ThriVe's school-based prevention for \$13,027.00 to restore 700 units. (M.S.P.: Dempsey/Elliott) – Motion passed.

A motion was made to approve Compass Health Network's home and community-based – Partnership with Families – wraparound request to restore \$688.02 for services. (M.S.P.: Elliott/Dempsey) – Motion passed.

A motion was made to approve Compass Health Network's home and community-based – Partnership with Families – respite request for \$2,141.70 for an increase of 242 units. (M.S.P.: Dempsey/Berrey) – Motion passed.



A motion was made to approve Compass Health Network's home and community-based – school-based mental health specialist (SBMHS) request for \$65,998.24 for an increase of 616 units; and SBMHS – Medicaid request for \$19,498.50 for an increase of 350 units. (M.S.P.: Berrey/Williams) – Motion passed.

A motion was made to approve Behavioral Health Response's crisis intervention – phone request for \$17,875.00 for an increase of 250 units. (M.S.P.: Dempsey/Elliott) – Motion passed.

A motion was made to approve Compass Health Network's home and community-based – Pinocchio – group request for \$2,750.00 for an additional increase of 100 units; for a total increase of \$5,500.00 for 200 units. (M.S.P.: Dempsey/Berrey) – Motion passed.

A motion was made to approve UMSL Center for Behavioral Health's counseling – case management request for \$502.96 for an increase of 9 units and a rate increase of \$8.87 per unit. (M.S.P.: Berrey/Dempsey) – Motion passed.

A motion was made to approve The Child Center's school-based prevention request for \$5,865.17 for an additional increase of 17 units; for a total increase of \$11,730.34 for 34 units. (M.S.P.: Berrey/Horry) – Motion passed.

A motion was made to approve Foster & Adoptive Care Coalition's home and community-based – Educational Advocacy request for \$3,569.40 for an additional 36 units; for a total increase of \$13,484.00 for 136 units. (M.S.P.: Schneider/Dempsey) – Motion passed.

A motion was made to approve Saint Louis Counseling's – counseling – Love & Logic request for \$2,642.96 to restore 17 units and for a rate increase of \$0.96 per unit. (M.S.P.: Dempsey/Berrey) – Motion passed.

A motion was made to approve Nurses for Newborns' home and community-based request for an additional \$3,611.46 to restore 23 units; for a total restoration of \$18,536.30 for 83 units and a rate increase of \$8.92 per unit. (M.S.P.: Schneider/Berrey) – Motion passed.

**Announcements:** No announcements.

**Closed Session – Performance Review**

A motion was made to move into Closed Session. (M.S.P.: Berrey/Elliott) – Motion passed.

A motion was made to move into Open Session. (M.S.P.: Berrey/Horry) – Motion passed.

**Adjournment:** A motion was made to adjourn the meeting at 11:34 a.m. (M.S.P.: Dempsey/Schneider) – Motion passed.