

THE COMMUNITY AND CHILDREN'S RESOURCE BOARD
OF ST. CHARLES COUNTY
Board of Directors Meeting Minutes
December 17, 2018

Meeting Call to Order: The meeting was called to order at 8:05 a.m.

Roll Call and Guests:

Present: Ron Berrey, Molly Dempsey, Cory Elliott, Pastor Raymond Horry, Larry Marty, Allison Onder, Nancy Schneider, and Linda Wilson Horn

Staff: Bruce Sowatsky, Michelle McElfresh, and Jeanne Spencer

Absent: Catherine Williams (personal)

Guests: Mandy Bowlin and Angela Tate (Behavioral Health Response), Christine Corcoran (Bethany Christian Services), Linda Sanchez and Caitlin Hermann (Boys & Girls Club), Marian McCord and Ben Chambers (CHADS Coalition for Mental Health), Laura Cook, Betsy Crowley, and Sissy Swift (The Child Center, Inc.), Todd Barnes (Community Council of St. Charles County), Sheri Wiltse (Community Living), Katrina McDonald and Vicky Walker (Compass Health Network), Nicole Morris (Eleventh Circuit Court), Jennifer Vorachack (Epworth Children & Family Services), Heather Lytle (F.A.C.T.), Craig Biehle (FamilyForward), Kathy Thompson (LINC St. Charles County), Tina Meier (Megan Meier Foundation), Kyle Dooley and Joyce Johnston (NAMI St. Louis), Melinda Monroe and Mary Lou March (Nurses for Newborns), Denise Fondren (Our Lady's Inn), Kelly Broeker, Megan Hastings, and Beth Sailors (Preferred Family Healthcare), Tom Duff and Lauri Cross Fink (Saint Louis Counseling), DiAnne Mueller (Saint Louis Crisis Nursery), Elisa Zieg and Kirk Kasicki (The Sparrow's Nest), Juvaughn Baker, Madronica Malone, Joy Maxwell, Austin McCartney (ThriVe St. Louis), Nathan Harms (TREE House of Greater St. Louis), Steve Bourne and Greg Dahl (UMSL Center for Behavioral Health), Denise Liebel and Lori Kohrs (United Services for Children), Justin Tomicich (Youth In Motion), and Kristi Machica and Cara Merritt (Youth in Need), Bart Coffman, Jana Coffman, Cindy Dearing, Jerry Henry, Sally Hunt, Betty Kramer, Wendy Lumetta, Cindy McMurtrey, Diane Vaughan

Approval of Minutes: A motion was made to approve the minutes of the November 26, 2018 board meeting. (M.S.P.: Schneider/Elliott) – Motion passed.

Public Comment: Ron Berrey read the Public Comment rules and procedures.

Betty Kramer, former CCRB Board member, St. Peters resident, and Registered Nurse, spoke about her concern for children's safety in society. She believes ThriVe St. Louis' Best Choice program is medically accurate and adequately teaches students about safe, healthy relationships.

Cindy McMurtrey, St. Charles resident and mother of 3 children, spoke about her concerns with the ThriVe Best Choice program. She believes the program is medically inaccurate and that educators are referring students to ThriVe clinics. She also asked the CCRB to make agendas easier for the general public to understand and to post the agendas earlier.

Bart Coffman, O'Fallon resident and father, believes the negative publicity about ThriVe's Best Choice program is inaccurate and unfair. He believes the data presented by Best Choice is medically accurate and reviewed by qualified professionals. As a father, he supports Best Choice's curriculum and is glad it is available to his children.

Sally Hunt, Maryland Heights resident, believes the ThriVe Best Choice program is ineffective, medically inaccurate, does not prevent pregnancy or sexually transmitted infections, and does not prevent children from having sex. She does not support funding the Best Choice program.

Jana Coffman, O'Fallon resident, believes the ThriVe Best Choice program is outcome-based and is more effective than a regular health class because the staff specializes in sexual-risk avoidance behaviors that are taught in a peer-to-peer manner. She believes the curriculum is effective, medically accurate, and is vetted by licensed medical professionals.

Wendy Lumetta, Florissant resident, believes ThriVe's Best Choice program is not scientifically complete because it does not show students how to use contraceptives and the educators are not credentialed employees. Ms. Lumetta stated many respected organizations, such as the World Health Organization, the National Council on Family Relations, and the National Medical Association, support Comprehensive Sexual Education programs. She believes abstinence-based sexual education does not adequately prepare students for healthy sexual relationships and the Best Choice's program is not based on empirical evidence.

Diane Vaughan, ThriVe employee and Registered Nurse, shared a patient experience in being treated for a sexually transmitted infection at a ThriVe Express Clinic. She stated the medical fact handouts given to patients are medically accurate and contain information from the Centers for Disease Control. Diane stated she reviews the ThriVe Best Choice curriculum to check for medically accurate information and believes the Best Choice program gives students the tools to make healthy sexual choices.

A motion was made to extend public comment to allow for additional speakers.
(M.S.P.: Dempsey/Horry) – Motion passed.

Madronica Malone, Best Choice Lead Facilitator, spoke on behalf of the Best Choice facilitators. She stated Best Choice facilitators are educated, medically accurate, and stay current on information regarding sexual health. She reported she is a certified Sexual Risk Avoidance Specialist and Best Choice facilitators meet state standards requiring abstinence-based sexual education. Ms. Malone stated the Best Choice program is unbiased, does not shame students, and focuses on avoiding risk in relationships, as well other areas of life.

Austin McCartney, Best Choice Facilitator, stated the Best Choice program is not faith-based and operates separate from the faith-based sector of ThriVe and facilitators encourage students to discuss sexual health with their parents or other trusted adults.

Report of the Chair: Ron recognized and thanked Linda Wilson Horn for her service to the CCRB Board, as she has completed her term.

Report of the Treasurer: Molly Dempsey reported on the eleven months statement ending November 30, 2018. The Services Fund balance is \$729,462 and Current Assets are \$2,036,205. Actual tax revenues collected were \$487,235 on a budget amount of \$616,675. Total revenue for November was \$487,235 on a budget of \$610,775. Expenditure requests for November services totaled \$432,667 on a budget amount of \$637,916. Explanations of the 22 line items that were over the 5% variance and over \$1,000 included: CHADS Coalition for Mental Health (home-based), Epworth Children & Family Services (psychological assessments and home-based services), FamilyForward (respite), Foster & Adoptive Care Coalition (crisis intervention), Preferred Family Healthcare (Intensive Outpatient – individual counseling, drug tests, intensive outpatient services, and case management), and Youth In Need (counseling – group counseling) were due to high demand. The Child Center (prevention), Compass Health Network (Pinocchio and prevention), Kids Under Twenty One (ASIST training), Preferred Family Healthcare (intakes and prevention), ThriVe St. Louis (prevention), United Services for Children (behavioral) and Youth In Need (crisis intervention – presentations) were above the variance due to school-based usage. Behavioral Health Response (mobile outreach) was over due to multiple months of billing being submitted at one time.

Bruce reported eight additional line items are at 100% usage for the year: Behavioral Health Response (mobile outreach), CHADS Coalition for Mental Health (home-based services), Compass Health Network (Pinocchio and school-based mental health specialists), Kids Under Twenty One (ASIST training), Lutheran Family and Children’s Services (counseling), and Youth In Need (counseling and group counseling).

A motion was made to approve a wire-transfer for \$432,700 for the month of December. (M.S.P.: Dempsey/Onder) – Motion passed.

Bruce Sowatsky reported revenue decreased 0.2% for the year compared with 2017, due to receiving two revenue payments in December 2017.

All of CCRB invoices and bills paid were completed with 100% accuracy.

Report of Standing Committees:

- Children’s Trust Fund: Bruce Sowatsky reported 8 applications were received for 2019 grants and final billing for 2018 grants is due January 10, by 2:00 p.m. Bruce reported the Children’s Trust Fund committee will meet in January to review the 2019 applications.
- Finance: Nancy Schneider reported the Finance Committee Report will be presented in New Business.
- Personnel: No Personnel report.
- Executive – Policies and Procedures: No Executive – Policies and Procedures report.
- Strategic Planning: No Strategic Planning report.

Report of Executive Director: Bruce Sowatsky reported:

- CCRB staff has been preparing for the December Board meeting.
- Michelle McElfresh and Jeanne Spencer completed fall Site Audits and Michelle will give a report at the January 28, 2019 Board meeting.

- A group at UMSL is working to become a hub for data collection for the St. Louis region. Bruce will meet with them in January.

Old Business: No Old Business.

New Business: 2018 Children's Trust Fund Grant – Nurses for Newborns: Bruce reported the Nurses for Newborns (NFN) CTF grant was originally approved for nursing visits, but NFN was unable to use the funds for nursing visits due to a nurse staffing issue. Therefore, NFN is requesting to use their Children's Trust Fund grant (\$4,325) for bi-lingual Community Health Worker visits and interpreter services, developmental and screening materials in Spanish and Arabic, and for supplies to create developmental kits for children.

A motion was made to approve Nurses for Newborns request to use \$4,325 of their Children's Trust Fund grant for purposes outlined above. (M.S.P.: Dempsey/Onder) – Motion passed.

Approval of 2019 Administrative Budget: The 2019 CCRB Administrative Budget was discussed. Bruce Sowatsky distributed a report to Board members with projected costs for the CCRB. The Administrative Budget includes an 8% increase in medical benefits due to premium and deductible increases and a 3% increase for employee salaries, but remains at 5% of the total budget. The recommended 2019 Administrative Budget is \$370,000.00

A motion was made to approve the CCRB 2019 Administrative Budget of \$370,000.00. (M.S.P.: Schneider/Horry) – Motion passed.

Approval of 2019 Services Budget: The 2019 CCRB Services Budget was discussed. Bruce Sowatsky reported that he and the Finance Committee met in December to discuss the 2019 CCRB Services budget. Bruce provided Board members with a report on the proposed services budget. Bruce explained St. Charles County will be using a 2% growth model for predicting sales tax revenue in 2019. Based on the County's prediction and the CCRB's 2018 revenue rates, the Finance Committee recommended using a 2% growth in Children's Services funding. The recommended 2019 Services Budget is \$7,395,370.26.

A motion was made to approve the 2019 Services Budget of \$7,395,370.26. (M.S.P.: Dempsey/Schneider) – Motion passed.

Approval of 2019 Services Funding: Bruce distributed a report to Board members with agency utilization projections for 2019. Bruce explained the CCRB protected-funds procedure: If an agency's 2018 program is at 95% utilization or higher, the program's protected amount is 100% of their 2018 allocation. If an agency's program is lower than 95% utilization, the program protected amount is based on their projected 2018 utilization. The recommended 2019 Protected Services amount is \$6,781,766.28.

A motion was made to approve the 2019 Services Fund protected amount for \$6,781,766.28. (M.S.P.: Schneider/Marty) – Motion passed.

The board had previously read all applications and scored them. CCRB staff ranked-ordered the application results in-priority and outside-priority. These scores provided the order in which additional agency funding was discussed.

Bruce Sowatsky reported \$613,603.98 is available for additional and new requests for 2019 Services funding. The total amount requested is \$1,489,968.60.

Services for Big Brothers Big Sisters, Boys & Girls Club, Foster & Adoptive Care Coalition, Lutheran Family and Children's Services, and Sts. Joachim and Ann Care Service were approved as part of the protected amount and no additional services or funding was requested.

A motion was made to approve Crisis Nursery's respite request for \$57,550.50, for a rate increase of \$0.14 per unit and an additional 5,000 units. (M.S.P.: Onder/Schneider) – Motion passed.

A motion was made to approve Crisis Nursery's home-based request for \$6,227.50 for a rate increase of \$0.69 per unit and an additional 125 units. (M.S.: Dempsey/Onder) – Motion passed.

A motion was made to approve The Child Center's forensic interviews request for \$27,354.11 for an increase of 133 units. (M.S.P.: Schneider/Onder) – Motion passed.

A motion was made to approve The Child Center's advocacy request for \$12,481.26 for an increase of 66 units. (M.S.P.: Schneider/Onder) – Motion passed.

A motion was made to approve Youth In Need's transitional living request for \$38,325.00 for a rate increase of \$5.00 per day and an additional 365 units. A motion was made, but failed due to a lack of a second motion. (M. – F. Schneider)

A motion was made to approve Youth In Need's transitional living request for \$32,230.00 for an increase of 200 units and a unit rate increase of \$5.00 per day. (M.S.P.: Dempsey/Schneider) – Motion passed.

A motion was made to approve Nurses for Newborns' home-based request for \$25,230.92 to restore 170 units and a rate increase of \$0.08 per unit. (M.S.P.: Schneider/Horry) – Motion passed.

A motion was made to approve Our Lady's Inn's services to teen mothers request for \$11,947.62 for an increase of 107 units. (M.S.P.: Schneider/Elliott) – Motion passed.

A motion was made to approve UMSL Center for Behavioral Health's psychological assessments request for \$24,729.50 for an increase of 175 units and a rate increase of \$10.35 per unit, and counseling – case management request for \$827.17 for an increase of 21 units and a rate increase of \$2.72 per unit. (M.S.P.: Elliott/Dempsey) – Motion passed.

A motion was made to approve Youth In Need's services to teen mothers – individual counseling request for \$11,760.00 to restore 112 units, and teen mothers – group counseling request for \$1,015.00 to restore 29 units. (M.S.P.: Elliott/Marty) – Motion passed.

A motion was made to approve Community Living's respite request for \$11,517.12 for a rate increase of \$5.58 per unit. (M.S.P.: Schneider/Wilson Horn) – Motion passed.

A motion was made to approve Epworth Children & Family Services' counseling – Family Support Network request for \$2,868.26 to restore 14 units and a rate increase of \$4.54 per unit. (M.S.P.: Dempsey/Schneider) – Motion passed.

A motion was made to approve CHADS Coalition for Mental Health's prevention request for \$6,088.10 for an increase of 50 units and a rate decrease of \$0.24 per unit. (M.S.P.: Dempsey/Wilson Horn) – Motion passed.

A motion was made to approve Compass Health Network's school-based mental health specialist (SBMHS) request for \$32,142.00 for an increase of 300 units, and SBMHS-Medicaid request for \$38,997.00 for an increase of 700 units. (M.S.P.: Dempsey/Elliott) – Motion passed.

A motion was made to approve NAMI-St. Louis' crisis intervention training request for \$17,098.80 for a rate increase of \$142.49 per unit. (M.S.P.: Dempsey/Wilson Horn) – Motion passed.

A motion was made to approve CHADS Coalition for Mental Health's home-based services request for \$11,648.02 for an increase of 107 units and a rate decrease of \$2.77 per unit. (M.S.P.: Schneider/Marty) – Motion passed.

A motion was made to approve The Child Center's prevention request for \$17,747.28 for a rate increase of \$18.84 per unit. (M.S.P.: Onder/Wilson Horn) – Motion passed.

Preferred Family Healthcare's outpatient substance use treatment requests for assessments, individual counseling, group counseling, family therapy, and intensive outpatient were discussed.

A motion was made to approve Preferred Family Healthcare's outpatient substance use treatment – assessments request for \$952.98 for an increase of 6 units and a rate increase of \$2.37 per unit and the outpatient substance use treatment – individual counseling request for \$21,478.30 for an increase of 281 units and a rate increase of \$0.22 per unit. (M.S.P.: Dempsey/Schneider) – Motion passed.

A motion was made to table Preferred Family Healthcare's outpatient substance use treatment requests for group counseling, family therapy, and intensive outpatient. (M.S.P.: Dempsey/Schneider) – Motion passed.

A motion was made to approve FamilyForward's respite request for \$10,480.70 for a rate increase of \$3.11 per unit. (M.S.P.: Dempsey/Horry) – Motion passed.

A motion was made to approve Compass Health Network's Pinocchio request for \$8,362.50 for a rate increase of \$2.50 per unit. (M.S.P.: Schneider/Wilson Horn) – Motion passed.

Preferred Family Healthcare's Team of Concern requests for individual counseling, case management, and prevention were discussed.

A motion was made to approve Preferred Family Healthcare's Team of Concern – school-based services request for \$45,675.00 to restore 750 units. (M.S.P.: Elliott/Dempsey) – Motion passed.

A motion was made to approve Preferred Family Healthcare's Team of Concern - psychiatry request for \$3,742.92 for 18 units at a rate of \$207.94 per unit. (M.S.P.: Dempsey/Schneider) – Motion passed.

A motion was made to approve The Sparrow's Nest's counseling request for \$320.00 to restore 8 units, and room & board request for \$1,035.00 for an increase of 9 units and a rate decrease of \$1.28 per unit. (M.S.P.: Onder/Dempsey) – Motion passed.

A motion was made to approve Saint Louis Counseling's crisis intervention request for \$20,484.96 to restore 300 units and a rate increase of \$1.11 per unit. (M.S.P.: Elliott/Schneider) – Motion passed.

A motion was made to approve United Services for Children's intensive behavioral intervention classroom (IBIC) request for \$4,778.32 to restore 300 units and a rate increase of \$0.22 per unit, and their behavioral services request for \$3,012.08 to restore 300 units and a rate increase of \$0.28 per unit. (M.S.P.: Dempsey/Onder) – Motion passed.

A motion was made to approve Youth In Need's temporary shelter – room & board request for \$8,925.00 to restore 51 units of service. (M.S.P.: Onder/Elliott) – Motion passed.

Youth In Need's temporary shelter requests for individual counseling and group counseling were discussed. No motions were made.

A motion was made to table Kids Under Twenty One's prevention and YMHA training requests. (M.S.P.: Dempsey/Schneider) – Motion passed.

A motion was made to approve Behavioral Health Response's phone request for \$7,556.40 for an increase of 100 units and a rate increase of \$0.64 per unit, and their texting request for \$577.90 for an increase of 4 units and a rate increase of \$2.10 per unit. (M.S.P.: Dempsey/Onder) – Motion passed.

Behavioral Health Response's requests for presentations, training – MHFA and ASIST were discussed. No motions were made.

A motion was made to approve Megan Meier Foundation's counseling request for \$7,035.60 to restore 60 units. (M.S.P.: Dempsey/Schneider) – Motion passed.

A motion was made to table Compass Health Network's prevention request. (M.S.P.: Dempsey/Elliott) – Motion passed.

The Community Council of St. Charles County's Coordinated Entry request was discussed. A motion was made to table Community Council's request. (M.S.P.: Schneider/Onder) – Motion passed.

A motion was made to approve Youth In Need's counseling – individual counseling request for \$10,950.00 for an increase of 100 units, and group counseling request for \$3,500.00 for an increase of 100 units. (M.S.P.: Schneider/Horry) – Motion passed.

A motion was made to approve Epworth Children & Family Services' counseling – psychological assessments request for \$5,000 for an increase of 50 units and a rate decrease of \$33.33 per unit. (M.S.P.: Schneider/Marty) – Motion passed.

A motion was made to approve FamilyForward's counseling – psychological assessments request for \$2,295.00 for an increase of 17 units. (M.S.P.: Dempsey/Horry) – Motion passed.

A motion was made to table FamilyForward's counseling – case management request. (M.S.P.: Dempsey/Horry) – Motion passed.

A motion was made to approve Boys & Girls Club's community-based request for \$12,000 for a rate increase of \$1.00 per unit. (M.S.P.: Schneider/Wilson Horn) – Motion passed.

A motion was made to approve LINC St. Charles County's counseling – case management request for \$190.00 to restore 19 units. (M.S.P.: Dempsey/Marty) – Motion passed.

A motion was made to approve LINC St. Charles County's counseling – wraparound request for an increase of \$5,000.00. (M.S.P.: Dempsey/Schneider) – Motion passed.

A motion was made to approve Bethany Christian Services' respite request for \$3,672.00 to restore 68 units of service. (M.S.P.: Elliott/Dempsey) – Motion passed.

A motion was made to approve Saint Louis Counseling's outpatient psychiatry requests - psychiatry for \$3,050.60 to restore 14 units; initial session – Medicaid for \$442.98 to restore 8 units and a \$12.66 rate increase per unit; and follow-up session – Medicaid for \$1,087.96 to restore 20 units and a rate increase of \$9.09 per unit. (M.S.P.: Dempsey/Elliott) – Motion passed.

TREE House of Greater St. Louis' equine therapy request was discussed. A motion was made to table TREE House's request. (M.S.P.: Schneider/Dempsey) – Motion passed.

Youth In Motion's crisis intervention request was discussed. A motion was made to table Youth In Motion's request. (M.S.P.: Onder/Schneider) – Motion passed.

The Eleventh Circuit Family Court's supervised visitation request was discussed and a motion was made to table the Eleventh Circuit Family Court's request. (M.S.P.: Schneider/Horry) – Motion passed.

Compass Health Network's Partnership with Families – care coordination, family assistance, wraparound, respite care, and parent partner requests were discussed. A motion was made to table Compass' Partnership with Families requests. (M.S.P.: Elliott/Horry) – Motion passed.

A motion was made to approve NAMI-St. Louis' Basics and Support request for \$3,531.00 for a rate increase of \$58.85 per unit. (M.S.P.: Haberstroh/Beckering) – Motion passed.

NAMI-St. Louis' presentations request was discussed. No motion was made.

A motion was made to approve ThriVe St. Louis' prevention request for \$1,861.00 for an increase of 100 units. (M.S.P.: Onder/Horry) – Motion passed.

A motion was made to approve Saint Louis Counseling's counseling – counseling request for \$6,693.75 for an increase of 80 units and a rate increase of \$0.85 per unit. (M.S.P.: Schneider/Dempsey) – Motion passed.

Saint Louis Counseling's counseling – Medicaid and Love and Logic requests were discussed. No motions were made.

A motion was made to approve Community Council's Coordinated Entry request for \$5,584.00 for 56 units. (M.S.P.: Dempsey/Onder) – Motion passed.

A motion was made to approve Compass Health Network's Partnership with Families – parent partner request for \$21,572.00 to restore 200 units. (M.S.P.: Dempsey/Schneider) – Motion passed.

A motion was made to approve Eleventh Circuit Family Court's supervised visitation request for \$6,000 for an additional 60 units. (M.S.: Marty/Horry) – Motion failed.

A motion was made to approve Kids Under Twenty One's prevention request for \$4,607.50 to restore 15 units and a rate increase of \$5.11. (M.S.P.: Elliott/Dempsey) – Motion passed.

A motion was made to approve Youth In Need's transitional living request for \$11,000. The total amount awarded is \$43,230.00 and 300 units. (M.S.P.: Dempsey/Schneider) – Motion passed.

A motion was made to approve United Services for Children's intensive behavioral intervention classroom (IBIC) and behavioral services requests for an additional 100 units to each program. The total amount awarded for IBIC is \$5,241.32 for 400 units. The total amount awarded for behavioral services is \$4,405.08 for 400 units. (M.S.P.: Dempsey/Schneider) – Motion passed.

A motion was made to approve Preferred Family Healthcare's Team of Concern - school-based request for \$15,834.00. The total amount awarded is \$61,509.00 for 1,010 units.
(M.S.P.: Schneider/Dempsey) – Motion passed.

Announcements: No announcements.

Adjournment: A motion was made to adjourn the meeting at 10:56 a.m.
(M.S.P.: Schneider/Onder) – Motion passed.