



**The Community and Children's Resource Board
of St. Charles County**

**Serving Children and Youth of St. Charles County and their Families
through the St. Charles County Children's Service Fund**

*2013 Annual Report
to the St. Charles Community*



Our mission is to maximize community resources to build and sustain a comprehensive system of services for children and families in need. Services are provided through our funding partnerships with area agencies working with children and youth in their homes, schools, and community settings.

**2013 CCRB Board of
Directors**

Chuck Gross, Board Chairman
Art Wash, Vice Chair
Luanne Cundiff, Treasurer

Kevin Cantwell
Linda Haberstroh
Larry Marty
Andrea Robertson
Jill Skyles
Steven Stahl

CCRB Staff

Bruce Sowatsky
Executive Director

Jan Lewien
Grants Administrator

Michelle McElfresh
Administrative Assistant
Coordinator, Shower of Love

Dear St. Charles County Residents,

2013 was another stellar year for CCRB funded agencies and programs. Thirty-seven funded programs directly served over 70,000 children and youth in our communities. From early identification and school based prevention programming to more intensive outpatient substance abuse treatment and services to youth with a serious emotional disorder, our children received compassionate and professional care from our twenty-two agency partners.

Our agencies continued to achieve strong clinical results: 95% of all clinical goals were met or exceeded! They have set high clinical standards for their staff and they are continually seeking to improve on those marks. Reports from our partner agencies that demonstrated goal achievement were backed up by parents of children and youth served through a satisfaction survey conducted early in the year. Our agencies, across the board, received high marks for timely service delivery, accessibility, understanding the family's needs and providing the appropriate services. These results were even higher than what they achieved when the survey was conducted two years ago.

In addition to achieving results with families on the clinical side, our agencies exhibited professionalism throughout their organizations as site audits demonstrated a 99% accuracy rate for billing! This figure demonstrated the stewardship standards the CCRB expects from its partners and the commitment of their entire organization to quality.

Administratively, the Board and staff, along with community input, reviewed and updated all of its by-laws, policies and procedures, and with our updated cloud-based computer system, we uploaded all of our historical documents for our agency and our partners dating back to 2006.

We also surpassed some milestones this past year: 1) going over \$250,000 in Children's Trust Fund grants and 2) with over \$85,000 in donations of baby items this year, we surpassed \$450,000 in total donations in seven years with our Shower of Love.

Despite these wonderful achievements, we strive to be more responsive to the community and its needs and to remain transparent and act as strong stewards of the tax monies entrusted to us. We always invite your feedback so that our system of care for children becomes even better.

Thank you for the privilege of serving the mental health and substance abuse treatment needs of your children and youth.

Sincerely,

Charles Gross
Chairman

Bruce Sowatsky
Executive Director



Artwork provided by Preferred Family
Healthcare youth program

About the Community and Children's Resource Board (CCRB)

Our agency was formed in 1997 when a new Board of Directors replaced the St. Charles County Community Mental Health Board of Trustees. The Resource Board was created by the St. Charles County Council by County Ordinance 97-152. Board members are appointed by the County Executive, with approval by the St. Charles County Council. The Board's purpose is to oversee the administration, allocation, and distribution of funds authorized through the passage of Proposition 1 in November 2004, which established the Community Children's Services Fund for the purpose of providing funding to establish, operate, and maintain community mental health services for children, youth, and their families.

St. Charles County stands as a leader in the passage of the Putting Kids First initiatives. Other regional communities have also designed and successfully led campaigns to develop Community Children's Services Funds including Franklin, Jefferson, Lincoln, Boone, and St. Louis Counties in addition to the City of St. Louis. Through increased funding for children, youth, and their families, the above-listed communities are realizing positive results in areas related to school performance, decreased child abuse reports, improved behavioral concerns, reduced substance abuse, and improved overall mental health.

Service Areas: The CCRB funds agencies providing the following services to children and youth residing in St. Charles County.

- Temporary shelter
- Outpatient substance abuse treatment
- Transitional living services
- Home-based family intervention services
- School-based prevention services
- Outpatient psychiatric services
- Crisis intervention
- Respite services
- Counseling services
- Services to teen mothers/parents

AGENCY VALUES

Collaboration: We encourage collaboration and integration of services that are effective, efficient and continually improved.

Accountability: The CCRB will develop accountable service delivery systems that are responsive to the community.

Strength-Based: We encourage our partner agencies to be strength-based in their approach to providing services to children, youth, and their families.



Information on CCRB Funded Agencies

1. **Behavioral Health Response** - Provides crisis telephone support services, mobile outreach, and community-based mental health awareness workshops. (Partner since 2012)
2. **Bridgeway Behavioral Health** - Offers outpatient substance abuse treatment for youth. Services expanded in 2013 to offer counseling to children whose mothers are receiving residential services. (Partner since 2005)
3. **Catholic Family Services** - Provider of psychiatry, counseling, crisis intervention, and school-based prevention education programs. (Partner since 2005)
4. **The Child Advocacy Center of N.E. Missouri, Inc.** - Offers sexual abuse prevention services to children, youth, parents, and professionals in school settings. (Partner since 2005)
5. **Children's Home Society** - Respite services are available for children with mental health and developmental challenges. Counseling services for adoptive youth were added in 2013. (Partner since 2006)
6. **Community Living, Inc.** - Provides center-based respite services for children with developmental issues coupled with a mental health diagnosis. (Partner since 2006)
7. **Crider Health Center** - Provides school-based prevention services, home and community based, and psychiatric treatment to children and youth with mental illness. (Partner since 2005)
8. **Eleventh Circuit Family Court** - Offers parent-reunification services through the court system and delivered by professionals from Youth In Need. (Partner since 2009)
9. **F.A.C.T. (Family Advocacy and Community Training)** - Provides parent partner services for families with children with a serious emotional disorder. (Partner since 2005)
10. **Foster and Adoptive Care Coalition** - Works with families with foster and adopted children who need community outreach services. (Partner since 2012)
11. **KUTO (Kids Under Twenty One)** - Offers suicide prevention educational workshops in three schools districts in St. Charles County. (Partner since 2011)
12. **Lutheran Family & Children's Services** - Offers professional counseling to children and youth, and group counseling is offered through the St. Charles City school district. (Partner since 2005)
13. **Nurses for Newborns** - Works with teen parents/new moms to provide infant care and parent training and assistance. (Partner since 2011)
14. **Our Lady's Inn** - Provides residential care to unwed mothers and their children through a two-year program including aftercare supports. (Partner since 2007)
15. **Preferred Family Healthcare** - Programs include outpatient substance abuse treatment and school-based prevention services that include counseling at-risk youth. (Partner since 2005)
16. **Salvation Army** - Parents and children in homeless situations receive counseling services, including parents who are in the process of reunification with children. (Partner since 2007)
17. **Sts. Joachim and Ann Care Service** - Works with homeless and near homeless families to support the needs of children and youth. (Partner since 2007)
18. **St. Louis Crisis Nursery** - Programs in three locations provide respite services for families of children under the age of 12. Home and community-based services also engage at risk families. (Partner since 2005)
19. **The Alliance on Mental Illness-NAMI St. Louis** - Provides parent and caregiver educational workshops and community presentations on mental illness. (Partner since 2010)
20. **ThriVe St. Louis** - Offers its sexual integrity prevention education program to middle and high school aged youth. (Partner since 2012)
21. **United Services, Inc.** - Provides behavioral intervention classrooms for children with autism. (Partner since 2008)
22. **Youth In Need** - Provides programs in counseling, teen parent services, temporary shelter, crisis intervention, and transitional living for youth from ages 11 to 19. (Partner since 2005)

Note: The above listed agencies received funding for 2013. For 2014, one program has been added and will be delivered by CHADS Coalition for Mental Health. The community-based program will provide help to youth with a serious emotional disturbance.

Fiscal Year 2013 Children's Services Fund Distribution

(January 1 - December 31, 2013)

<u>Agency Name</u>	<u>Support/Services Area</u>	<u>FY 2013 Expenditures</u>
Behavioral Health Response	Youth Helpline/Crisis Intervention*	\$ 66,153.94
Bridgeway Behavioral Health	Bridges to Success/Substance Abuse Treatment Counseling*	222,864.00 18,180.00
Catholic Family Services	School-Based Prevention	1,763.20
	Psychiatry Services	8,270.25
	Counseling Services	34,097.81
	Crisis Intervention Services	17,502.02
The Child Center	Sexual Abuse Prevention/ School-based Prevention Services	296,816.22
Children's Home Society	Respite Services*	30,030.27
	Counseling	23,056.50
Community Living, Inc.	Out of Home Respite Care/Respite Services	43,012.63
Crider Health Center	Partnership with Families/Home and Community Based Services	812,062.99
	Mental Health Specialists/Home and Community Based Services	728,609.85
	Psychiatry	6,695.00
	Violence Prevention/School Based Prevention	172,711.00
	Pinocchio/Individual, Group, and Family Counseling	89,100.00
Crisis Nursery-St. Charles and Wentzville	Respite Services*	395,066.14
	Family Empowerment/Home and Community Based Services	91,047.49
Eleventh Circuit Court, St. Charles	Therapeutic Supervised Visitation/Individual, Group, and Family Counseling	41,425.00
E.A.C.T.	Parent Partner (PWF Services through Crider Health Center)/Home and Community Based Services	341,010.35
Foster and Adoptive Care Coalition	Counseling	25,548.13
Kids Under Twenty-One (KUTO)	Suicide Prevention Education/School-Based Prevention	38,572.50
Lutheran Family and Children's Services	MET (Multimodal Emotion-focused Treatment) Individual, Group, and Family Counseling	71,977.62
Nurses for Newborns	Home and Community Based Services*	67,336.20
Our Lady's Inn	Family Strengths Program/Services for Teen Mothers/Parents	60,002.80
Preferred Family Healthcare	Wentzville Outpatient /Substance Abuse Treatment Team of Concern/School-Based Prevention Services	488,685.62 443,819.55

<u>Agency Name</u>	<u>Support/Services Area</u>	<u>FY 2013 Expenditures</u>
Saints Joachim and Ann Care Services	Children and Youth Support/Home and Community Based Services	\$ 293,859.30
Salvation Army	Counseling Program/Individual, Group, and Family Counseling	10,000.00
The Alliance on Mental Illness-NAMI St. Louis	Community-Based Mental Health Advocacy and Education/Home and Community Based Services	8,847.01
ThriVe St. Louis	Sexual Integrity/School-Based Prevention Services	68,604.12
United Services for Children	Intensive Behavioral Intervention Classrooms/Home and Community Based Services	93,217.49
Youth In Need	Teen Parent/Services for Teen Moms and Parents	83,865.25
	Transitional Living Services*	154,326.00
	Individual, Group and Family Counseling	287,520.00
	Temporary Shelter Services	185,456.00
	Crisis Interventions	35,741.25
	SUBTOTAL	\$5,856,853.50

* Supplemental Funds for Services (5 programs) were approved in 2013 for the Behavioral Health Response (\$11,458.81); Bridgeway Behavioral Health (\$4,150.00); Children's Home Society, Counseling Services (\$7,685.50); Crisis Nursery, Respite Services (\$13,518.40); and Nurses for Newborns (\$6,833.20). Total supplemental awarded: \$43,646.21

CCRB OPERATIONS	Administration (Administration, Accounting Services)	295,047.74
	GRAND TOTAL EXPENDITURES	\$6,151,901.24

Statement of Revenues and Expenditures - Year Ended 2013

REVENUES

Taxes	\$6,111,038.72
Investment Income	5,743.66
Fundraising	6,755.33
Miscellaneous	0.00
(Refund of Taxes-TIF)	(140,986.65)
TOTAL REVENUES	\$5,982,551.06

EXPENSES

Administration	\$ 284,847.74
Accounting Services	10,200.00
Survey	25,974.71
Shower of Love Disbursements to Agencies	6,291.61
Service Contracts	5,856,853.50
TOTAL EXPENSES	\$6,184,167.56

Excess of Revenues (Over)/Under Expenditures/Change in Net Assets	(\$201,616.50)
Fund Balance/Net Assets-Beginning of Year	\$2,283,872.30
Fund Balance/Net Assets-End of Year	\$1,984,723.08

**Statement of Net Assets Balance Sheet
Year Ended 2013**

Assets		Liabilities	
Checking Account	\$ 182,888.67	Accounts Payable	\$ 281,990.96
Services Fund	862,168.73	FED/FICA Payable	5,139.28
Interest Receivable	719.52	Total Liabilities:	\$ 287,130.24
Sales Tax Receivable	935,496.45	Fund Balance of other Equities	
Capital Assets, net of depreciation	2,064.71	Net Investment in Fixed Assets	2,064.71
Deposit	<u>1,385.00</u>	Excess of Revenues Over (Under) Expenses	<u>1,695,528.13</u>
Total Assets:	\$1,984,723.08	Total Fund Balance and other Equities	\$1,697,592.84
		Total Liabilities, Fund Balance and Other Equities:	\$1,984,723.08

Total Number of Children and Youth in 2013 Receiving Services through the Children’s Services Fund by Service Area:

• Temporary Shelter	62
• Respite Services	445
• Teenage Parents	201
• Substance Abuse Treatment	335
• Psychiatric Services	101
• Transitional Living Services	11
• Crisis Interventions	1,440
• School-based Prevention	66,107
• Home and Community-based Services	2,391
• Counseling Services	<u>840</u>
TOTAL	71,922

During 2013, an additional 8,929 parents/guardians were provided services and 6,608 professionals, including educators, child care workers, mental health professionals, and other service providers, participated in programs.

Accomplishments ~

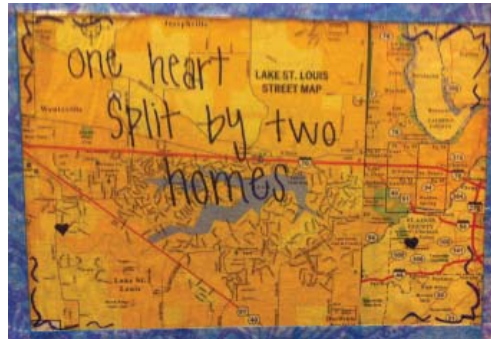
The Shower of Love was held during the months of April and May. National and local businesses along with churches and organizations, held drives to raise in-kind baby items and additional fund dollars. Over 300 volunteers solicited baby items to benefit young mothers and infants served by the Crisis Nursery, Birthright St. Charles and Birthright Wentzville, Mary Queen of Angels, Our Lady’s Inn, Nurses for Newborns, Sparrow’s Nest Maternity Home, ThriVe St. Louis, and Youth In Need at area grocery and department stores on April 25, 2013. At the conclusion of the 2013 Shower of Love campaign, \$85,600 in cash donations and merchandise was raised, bringing our seven year total to \$453,700.



St. Charles County continues to be generous in its support of the Children’s Trust Fund and the purchase of specialty license plates. The CCRB Directors allocated \$20,000 to five agencies during 2013 to augment child abuse and neglect prevention programs in our community.



2440 Executive Drive, Suite 214
St. Charles, MO 63303
636-939-6200 636-939-2223
Fax: 636-939-6202
www.stcharlescountykids.org



Special thanks to Crisis Nursery
and Preferred Family Healthcare
for providing photos and artwork.