

THE COMMUNITY AND CHILDREN'S RESOURCE BOARD
OF ST. CHARLES COUNTY
Board of Directors Meeting Minutes
September 23, 2019

Meeting Call to Order: The meeting was called to order at 8:00 a.m.

Roll Call and Guests:

Present: Ron Berrey, Molly Dempsey, Ken Dobbins, Cory Elliott, Pastor Raymond Horry, Larry Marty, and Nancy Schneider

Absent: Allison Onder and Catherine Williams

Staff: Bruce Sowatsky, Michelle McElfresh, and Jeanne Spencer

Guests: Mandy Bowlin (Behavioral Health Response), Karen Englert (Boys & Girls Club), Ben Chambers (CHADS Coalition for Mental Health), Sissy Swift (The Child Center, Inc.), Todd Barnes (Community Council of St. Charles County), Sheri Wiltse (Community Living, Inc.), Katrina McDonald Fuller (Compass Health Network), DiAnne Mueller (Crisis Nursery), Jennifer Vorachack (Epworth Children and Family Services), Kathy Thompson (LINC St. Charles County), Courtney Knipp (Lutheran Family & Children's Services), Denise Fondren and Joann Rich (Our Lady's Inn), Beth Sailors, Kelly Broeker, and Megan Payton (Preferred Family Healthcare), Lauri Cross Fink (Saint Louis Counseling), Brittany Morgan (Sts. Joachim & Ann Care Service), Elisa Zieg (The Sparrow's Nest), Madronica Malone and Candice Pinkins (ThriVe St. Louis), Lori Kohrs (United Services for Children), Kristi Hammond and Cara Merritt (Youth In Need)

Approval of Minutes: A motion was made to approve the August 26, 2019 Board Minutes. (M.S.P.: Dobbins/Marty) – Motion passed.

A motion was made to approve the Closed Session Minutes for the August 26, 2019 Board meeting. (M.S.P.: Elliott/Dempsey) – Motion passed.

Partner Presentations:

- **Preferred Family Healthcare:** Kelly Broeker, Megan Payton, and Beth Sailors presented on PFH's Team of Concern Program and Outpatient Substance Use Treatment programs. The Team of Concern provides School-based Substance Use Prevention education to students and services for students recovering from substance use disorder. Megan shared a video featuring a parent and a client who received services through Team of Concern's Alternative Suspension program and the impact it has had on their lives. Team of Concern has a wait list for counseling services for children 9 years and younger. Kelly spoke about the Outpatient Substance Use Treatment program and their Alumni program and the impact of both programs for St. Charles County clients. Kelly shared that three of their Alumni work for PFH. Fort Zumwalt School District has requested an expansion of prevention services to all schools in the district.
- **Youth In Need:** Cara Merritt and Kristi Hammond presented on the five programs funded by CCRB for Youth In Need – Counseling, Crisis Intervention, Temporary Shelter, Transitional Living, and the Teen Parent Program. Kristi spoke about the

Transitional Living program which supports youth who are homeless, ages 16-20 years. A recent Transitional Living client is featured in the United Way campaign. Cara presented on their Crisis Intervention services, which includes Mobile Outreach for youth in crisis and Safe Place presentations to community members. YIN's Teen Parent Program offers comprehensive educational and parenting support for pregnant and parenting teens at all five school districts in the County. Cara shared that YIN offers individual and family counseling in their offices and school-based counseling at 13 schools. They consistently maintain a wait list for counseling services and have received multiple requests from school administrators to expand school-based counseling services.

Public Comment: No Public Comment.

Report of the Chair: No Report of the Chair.

Report of the Treasurer: Cory Elliott reported on the eight-month statement ending August 31, 2019. The Services Fund balance is \$578,699 and Current Assets are \$1,808,221. Actual tax revenues collected were \$525,225 on a budget amount of \$622,006. Total revenue for August is \$525,225 on a budget of \$616,256. Expenditure requests for July services totaled \$483,613 on a budget amount of \$660,090. Explanations of the 21 line items that were over the 5% variance and over \$1,000 included: Behavioral Health Response (mobile outreach and presentations), Big Brothers Big Sisters (mentoring), The Child Center (forensic interviews and advocacy), Compass Health Network (parent partner and family assistance), Crisis Nursery (home-based services), Epworth (psychological assessments), FamilyForward (psychological assessments), LINC St. Charles County (wraparound), NAMI St. Louis (crisis intervention training), Our Lady's Inn (teen parents), Saint Louis Counseling (counseling), Saints Joachim & Ann Care Service (home-based services), UMSL Center for Behavioral Health (psychological assessments), and Youth In Need (Temporary Shelter- counseling; and transitional living) were due to high demand. Preferred Family Healthcare (Team of Concern-intakes and counseling) and United Services for Children (IBIC) were above the variance due to school-based usage.

Bruce reported revenue is up 2.6% year to date for 2019.

Bruce reported twenty-eight (28) line items have more than 44% of funds remaining as of August 31. Agencies with low utilization as of June 30, submitted their Underutilization Plans, and these have been distributed to the Board.

A motion was made to approve a wire-transfer for \$475,000 for the month of August. (M.S.P.: Elliott/Berrey) – Motion passed.

All of CCRB invoices and bills paid were completed with 100% accuracy.

Report of Standing Committees:

- Children's Trust Fund: Bruce Sowatsky reported the 2020 Children's Trust Fund Grant Applications will be available on the CCRB websites in October. The submission deadline is December 13.
- Finance: No Finance Report.

- Personnel: Nancy Schneider requested Board members to return the Executive Director evaluations to her by October 28.
- Executive – Policies and Procedures: Larry Marty reported he met with CCRB staff to review revisions to format, language, and procedure in the Management section of the CCRB Policies and Procedures. The revised Management section will be presented for a First Reading in New Business. Larry reported the Finance and Personnel sections will be reviewed in 2020.

Report of Executive Director:

Michelle McElfresh reported on the Mid-Year Report (January 1 to June 30, 2019) on the agency's Clinical Outcomes Goals. The agencies collectively attained a 92.4% goal attainment for 30 agencies and reached 157 out of 170 goals. Nine agencies missed a total of thirteen goals, and four goals were missed by 5% or less.

Bruce Sowatsky reported:

- CCRB received 44 Request for Funding proposals for 2020 and staff is reviewing them. Application Summaries will be written and uploaded to each agency's SharePoint library by mid-October.
- Agencies with a two year contract will complete a report for the Board by October 31. They are also invited to participate in the Agency Hearing Prep Meetings and Agency Hearings prior to the December 16 funding meeting.
- The 2020 Vision St. Charles County Leadership program has adopted three projects which could impact CCRB agency partners. The projects focus on Kindergarten Readiness; ending mental health stigma; and developing a non-profit to coordinate item collection drives and store item donations for County non-profits.
- Community Strong has accepted management of the C.R.U.S.H. (Community Resources United to Stop Heroin) initiative, which involves schools, law enforcement, treatment providers, community leaders, and health care organizations in addressing the growing heroin epidemic. The program is presented to middle school students in the County through a Teen Drug Summit and school-based prevention education.
- The St. Louis County Children's Services Fund and St. Louis City Mental Health Board received a System of Care Grant that will mature at the end of 2019, so they have been exploring ways to combine funding in order to replicate some of the parent partnership programs like those at F.A.C.T. and Compass Health Network. Bruce was asked to provide their Board with advice on how to accomplish a similar setup.

Old Business: No Old Business.

New Business:

Line Item Transfer Requests –

- **FamilyForward:** FamilyForward requests to transfer of 144 units of service (\$18,000) to Counseling from Psychological Assessments, due to increased demand for counseling services.

A motion to was made to approve FamilyForward's Line Item Transfer Request to increase Counseling (144 units, \$18,000.00) and to decrease Psychological Assessments (133.3 units, \$18,000). (M.S.P.: Elliott/Dobbins) – Motion passed.

- **The Sparrow's Nest:** The Sparrow's Nest requests to transfer 31 units of service (\$1,240.00) to Room and Board from Counseling, because clients need counseling for issues not related to parenting.

A motion to was made to approve The Sparrow's Nest's Line Item Transfer Request to increase Room and Board (10.8 units, \$1,240.00) and to decrease Counseling (31 units, \$1,240.00). (M.S.P.: Dobbins/Marty) – Motion passed.

Announcements:

Mandy Bowlin, Behavioral Health Response, announced they have consolidated the four St. Louis Metro Youth Connection Helplines to a single number, 314-819-8802 or 1-844-985-8282. Individual Helpline numbers are still active as they transition to a single number.

DiAnne Mueller, Saint Louis Crisis Nursery, announced 1.) The Pooper Troopers collected 337,000 diapers during their September diaper drive and 2.) Crisis Nursery will honor Kristen Williams, BJC's Foundation & Community Outreach Director, at their "Over the Top for Tots" fundraiser at the Ameristar Casino in St. Charles on November 8.

Katrina McDonald Fuller, Compass Health Network, announced they have partnered with Preferred Family Healthcare and all five public school districts to present a screening of "Not My Child" which dramatizes the effects of opioid use from a parent's perspective and includes a panel discussion following the film. The screening is at Lindenwood University on November 7 and registration is at www.compasshealthnetwork.org.

Karen Englert, Boys & Girls Club of St. Charles County, announced their Trunk or Treat at the St. Charles location on October 30 and their 90's-themed Trivia Night presented by their Young Professionals group at the St. Charles location on November 8.

Madronica Malone, ThriVe St. Louis, announced their annual dinner at the St. Charles Convention Center on September 28.

Molly Dempsey, St. Charles County Government, announced St. Charles County's participation in the Star Spangled Fright bioterrorism exercise. Volunteers are needed to act as citizens during a dispensing medication exercise for a bioterrorism emergency. The event is from 9:30 to 11:30 on Thursday, October 10 at St. Charles West High School.

Adjournment: A motion was made to adjourn the meeting at 8:53 a.m. (M.S.P.: Berrey/Dempsey) – Motion passed.