

THE COMMUNITY AND CHILDREN'S RESOURCE BOARD
OF ST. CHARLES COUNTY
Board of Directors Meeting Minutes
October 28, 2019

Meeting Call to Order: The meeting was called to order at 8:00 a.m.

Roll Call and Guests:

Present: Ron Berrey, Molly Dempsey, Ken Dobbins, Cory Elliott, Pastor Raymond Horry, Larry Marty, Nancy Schneider, and Catherine Williams

Absent: Allison Onder (personal) and Bruce Sowatsky (vacation)

Staff: Michelle McElfresh and Jeanne Spencer

Guests: Mandy Bowlin (Behavioral Health Response), Linda Sanchez (Boys & Girls Club), Ben Chambers (CHADS Coalition for Mental Health), Sissy Swift and Karen Grant (The Child Center, Inc.), Sheri Wiltse (Community Living, Inc.), Katrina McDonald Fuller (Compass Health Network), DiAnne Mueller (Crisis Nursery), Heather Lytle (F.A.C.T.), Kathy Thompson (LINC St. Charles County), Gayla Gibson (Lutheran Family & Children's Services), Tina Meier (Megan Meier Foundation), Denise Fondren and Joann Rich (Our Lady's Inn), Kelly Broeker (Preferred Family Healthcare), Lauri Cross Fink (Saint Louis Counseling), Brittany Morgan (Sts. Joachim & Ann Care Service), Madronica Malone and Candice Pinkins (ThriVe St. Louis), Michael Leveque and Heather Derix (UMSL Center for Behavioral Health), Lori Kohrs (United Services for Children), Cara Merritt (Youth In Need), Cyndi Berry (BOLD, LLC), and Kevin Cantwell

Approval of Minutes: A motion was made to approve the September 23, 2019 Board Minutes. (M.S.P.: Dobbins/Elliott) – Motion passed.

Partner Presentations:

- **Compass Health Network (CHN):** Katrina McDonald Fuller, Chief of Public Affairs, presented on the resources CHN has available in St. Charles County. Katrina gave detailed information regarding their status as a Certified Community Behavioral Health Organization (CCBHO) and their transition to the Open Access system, which has increased accessibility of mental health resources to the community. Katrina reported CHN has seen a 33% decrease in suicide rates across their service areas; served 18,000 new clients in 2019; and has seven Community Mental Health Liaisons in St. Charles County, who work with law enforcement officers to connect people in behavioral health crises to appropriate treatment services.
- **Saint Louis Crisis Nursery:** DiAnne Mueller, CEO, presented on the services provided by the Crisis Nursery to St. Charles County children and families. Services include a 24-hour helpline, emergency crisis respite care, and the Family Empowerment program, which provides education and support to families so that children remain with their parents or caregivers. DiAnne reported that 40% of helpline callers need reassurance and over-the-phone support; the remainder utilized their crisis respite care. In 2018, Crisis Nursery served 2,824 children with Crisis Care and 400 families participated in the Family Empowerment Program. Overall, 99% of children served by the Crisis Nursery

remain in their home with their family, without any substantiated incidents of abuse or neglect.

- **UMSL Center for Behavioral Health (CBH):** Dr. Michael Leveque and Dr. Heather Derix presented on the psychological assessment and case management services provided by the CBH for St. Charles County families. Since 2016, CBH has received 530 referrals for psychological evaluations for St. Charles County children. The CCRB funded 44 evaluations for 2019, and CBH will have 100% utilization by November. Program outcomes demonstrate 99% of youth or their caregivers will understand their child's condition, and by their six-month follow-up, 94% of caregivers will implement at least one recommendation for aftercare/treatment.

Presentation – School Survey Results – Dr. Cynthia Berry: Dr. Cynthia Berry of BOLD, LLC presented the results of the CCRB-commissioned survey assessing the mental health needs of students and staff in the five public school districts serving St. Charles County. All five districts provided thorough feedback which will assist the CCRB and partner agencies to better direct services and programs to children in need.

Public Comment: Shima Rostami, of Gateway Human Trafficking, spoke about increasing awareness of human trafficking and child exploitation in St. Charles County.

Report of the Chair: No Report of the Chair.

Report of the Treasurer: Cory Elliott reported on the ninth-month statement ending September 30, 2019. The Services Fund balance was \$899,020 and Current Assets were \$2,119,625. Actual tax revenues collected were \$780,949 on a budget amount of \$622,006. Investment income totaled \$14,372 and Refund of Taxes was \$387. Total revenue for September was \$795,708 on a budget of \$616,256. Expenditure requests for September services totaled \$516,239 on a budget amount of \$660,090. Explanations of the 21 line items that were over the 5% variance and over \$1,000 included: Behavioral Health Response (mobile outreach and presentations), CHADS Coalition for Mental Health (home-based services), The Child Center (forensic interviews), Compass Health Network (respite), Crisis Nursery (home-based services), FamilyForward (psychological assessments and respite), LINC St. Charles County (counseling and wraparound), NAMI St. Louis (crisis intervention training), Our Lady's Inn (teen parents), Saint Louis Counseling (counseling), and Youth In Need (Counseling and Transitional Living) were due to high demand. The Child Center (prevention), Compass Health Network (prevention), Kids Under Twenty One (prevention), Preferred Family Healthcare (Team of Concern-intakes and counseling) and United Services for Children (IBIC) were above the variance due to school-based usage.

Michelle McElfresh reported revenue is up 2.6% year to date for 2019.

Michelle reported twenty-eight (28) line items have more than 36% of funds remaining as of September 30. Three agencies have requested a Line Item Transfer.

A motion was made to approve a wire-transfer for \$516,000 for the month of September.

(M.S.P.: Elliott/Dobbins) – Motion passed.

All of CCRB invoices and bills paid were completed with 100% accuracy.

Report of Standing Committees:

- Children’s Trust Fund: No Children’s Trust Fund report.
- Finance: No Finance Report.
- Personnel: No Personnel Report.
- Executive – Policies and Procedures: Larry Marty reported a Second Reading of Management Policies will take place in Old Business.

Report of Executive Director:

Michelle McElfresh reported in Bruce Sowatsky’s absence.

- CCRB received 44 Request for Funding proposals for 2020, of which 6 were for new programs for a total request of \$8.67 million, including previously granted 2 year contracts.
- Michelle and Jeanne Spencer are conducting fall site audits of partner agencies.
- CCRB Staff are preparing for the Trauma-Informed Training for Early Childhood Educators on November 23, from 8:00 a.m. to 12:00 p.m., at the Community Commons in St. Peters. Registration ends November 15.
- Bruce Sowatsky met with partner agencies and applicants in preparation for the Agency Hearings on November 13 and 14.
- Bruce will meet with County Executives to discuss 2020 revenue projections.
- CCRB will honor Dr. Ron Berrey for his service to the CCRB on November 6 at the Community Commons from 5:00 to 7:00 p.m. Partner agencies are invited to attend.
- CCRB will attend the Community Services Summit on October 29 at Calvary Church in St. Peters.

Old Business: Management Polices – Second Reading: Larry Marty presented the Management Policies of the CCRB Policies and Procedures book for a Second Reading. No additional revisions or edits were recommended to the policies.

A motion was made to accept the revised Management Policies as presented.

(M.S.P.: Marty/Berrey) – Motion passed.

New Business:

Line Item Transfer Requests –

- **Behavioral Health Response:** BHR requested to transfer 125 units of Telephonic (\$19,591.00) to Mobile Outreach.

A motion was made to approve Behavioral Health Response’s Line Item Transfer Request to increase Mobile Outreach (125 units, \$19,591.00) and to decrease Telephonic (274 units, \$19,591.00). (M.S.P.: Marty/Dobbins) – Motion passed.

- **Compass Health Network:** Compass requested to transfer 166.7 units of Parent Partner - Non-Medicaid (\$17,987.93) to Care Coordination and Parent Partner – Medicaid.

A motion was made to approve Compass Health Network’s Line Item Transfer Request to increase Care Coordination (111 units, \$13,002.54) and to increase Parent Partner – Medicaid (109 units, \$4,982.39) and to decrease Parent Partner – Non-Medicaid (166.7 units, \$17,987.93). (M.S.P.: Berrey/Dobbins) – Motion passed.

- **FamilyForward:** FamilyForward requested to reverse the Line Item Transfer approved on September 23 due to an increase in demand for Psychological Assessments.

A motion was made to approve FamilyForward’s request to reverse their Line Item Transfer Request approved in September. (M.S.P.: Elliott/Dobbins) – Motion passed.

- **UMSL Center for Behavioral Health:** CBH requested to transfer 13 units of Case Management (\$534.88) to Psychological Assessments.

A motion to was made to approve UMSL Center for Behavioral Health’s Line Item Transfer Request to increase Psychological Assessments (5.5 units, \$534.88) and to decrease Counseling (13 units, \$534.88). (M.S.P.: Dobbins/Marty) – Motion passed.

- **United Services for Children:** United Services requested to transfer 4,207 units of Behavior Specialist services (\$24,946.44) to Intensive Behavioral Intervention Classroom (IBIC).

A motion was made to approve United Services for Children’s Line Item Transfer Request to increase IBIC (5,388 units, \$24,946.44) and to decrease Behavior Specialist (4,207 units, \$24,946.44). (M.S.P.: Elliott/Marty) – Motion passed.

Board Status: Molly Dempsey requested the Board confer Emeritus status on Dr. Ron Berrey following his retirement from the Board on December 31, 2019.

A motion was made to grant Dr. Ron Berrey Emeritus status. (M.S.P.: Dempsey/Marty) – Motion passed.

Announcements:

Katrina McDonald Fuller, Compass Health Network, announced they have partnered with Preferred Family Healthcare and all five public school districts to present a screening of “Not My Child” which dramatizes the effects of opioid use from a parent’s perspective and includes a panel discussion following the film. The screening is at Lindenwood University on November 7 and registration is at www.compasshealthnetwork.org.

Adjournment: A motion was made to adjourn the meeting at 9:32 a.m. (M.S.P.: Berrey/Dobbins) – Motion passed.