Outcome Report on Programs Serving
St. Charles County Children, Youth and Families

Outpatient Substance Abuse Treatment

<table>
<thead>
<tr>
<th></th>
<th>Youth</th>
<th>Parents</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>300</td>
<td>428</td>
</tr>
</tbody>
</table>

Preferred Family Healthcare provided comprehensive support for youth experiencing substance use problems, including evaluations, therapy, and education.

2017 Goal Achievements:
- 93% demonstrated a reduction in chemical usage
- 97% eliminated new drug-related involvement in the legal system
- 92% had improved family relationships; fewer conflicts
- 99% had safe and stable housing

Students reporting having used drugs or alcohol has dropped an average of 33% since 2010. Missouri Department of Social Services

Respite Care Services

<table>
<thead>
<tr>
<th></th>
<th>Children</th>
<th>Parents/Caregivers</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>612</td>
<td>364</td>
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Ensuring the safety of St. Charles County children and youth through respite services are top priorities of Bethany Christian Services, Community Living, Inc., Crisis Nursery, and FamilyForward.

2017 Goal Achievements:
- 97% of children continued to reside in the family home
- 95% of families reported reduction in stress
- 91% of families did not have a substantiated child abuse hotline report
- 98% of families responded to a stressful situation without abusive behaviors

Temporary Shelter

<table>
<thead>
<tr>
<th>Youth Receiving Shelter</th>
<th>Parents Served</th>
<th>Children Reach Though Safe Place presentations</th>
</tr>
</thead>
<tbody>
<tr>
<td>250 received shelter</td>
<td>16</td>
<td>1,718</td>
</tr>
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</table>

Temporary shelter services are provided through Youth In Need to adolescents aged 10 to 18 in crisis and who are in need of temporary safe housing and counseling. The Safe Place program involved businesses and organizations identified as safe locations for youth at immediate risk of abuse. During 2017, 74 Safe Place and Youth Connection Helpline presentations were offered to businesses, adults, children, and youth.

2017 Goal Achievements:
- 77% of clients showed improved family relationships and functioning at home
- 93% of clients who lived at the shelter reported living in a safe situation following services
- 81% of youth showed an increase in coping and problem-solving skills and a reduction in destructive, aggressive, and/or illegal behavior
- 92% of youth requesting help through Safe Place reported living in a safe situation after services

The infant mortality rate in St. Charles County is down 26% since 2004 and child deaths, ages 1-14, are down 38% since 2004. Missouri Kids Count, 2016

The number of runaway youth in St. Charles County has decreased 54% since 2005. Missouri Highway Patrol
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School-Based Mental Health Prevention Services

<table>
<thead>
<tr>
<th>Children and Youth</th>
<th>Parents</th>
<th>Professionals</th>
</tr>
</thead>
<tbody>
<tr>
<td>68,966</td>
<td>594</td>
<td>445</td>
</tr>
</tbody>
</table>

A variety of school-based prevention services were provided through Catholic Family Services (bullying prevention), CHADS Coalition for Mental Health (suicide prevention), The Child Center, Inc. (sexual abuse prevention), Compass/Crider Health Center (violence prevention), Kids Under Twenty One (suicide prevention), Preferred Family Healthcare (substance abuse prevention), and Thrive St. Louis (sexual risk avoidance education).

2017 Goal Achievements:
- 98% knew how to physically get away from a threatening situation
- 96% identified strategies for conflict resolution and self protection
- 98% verbalized their feelings to peers or adults when feeling peer pressure
- 98% of 5th graders learned internet safety skills
- 97% recognized two signs of inappropriate responses to anger in themselves
- 98% are better prepared to seek adult support when faced with a violent situation
- 93% of early education and early special education students, 98% of 1st graders, and 97% of 4th graders learned their Body Safety Steps
- 99% of educators learned their role as a mandated reporter and how to respond to a child’s disclosure
- 100% of parents learned how to handle a disclosure of sexual abuse
- 88% of youth improved school engagement skills
- 90% of youth developed risk management skills to avoid engaging in risky behaviors
- 88% of youth recognized warning signs of suicide
- 94% of students stated they had information they need to say “no” to sex if that is their choice
- 91% of youth gained knowledge of substance abuse issues
- 96% of students reported they learned skills necessary to make positive choices

Services To Teen Parents

<table>
<thead>
<tr>
<th>Youth</th>
<th>Parents</th>
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</thead>
<tbody>
<tr>
<td>101</td>
<td>29</td>
</tr>
</tbody>
</table>

Youth In Need provided services for teen moms including counseling, parenting and infant care education and support groups. Our Lady’s Inn provided a residential facility for pregnant women and their children with services provided through a Child Advocate. The Sparrow’s Nest Maternity Home provided residential care to young ladies up to age 20 who are pregnant or parenting a child under the age of 5.

2017 Goal Achievements:
- 90% of youth progressed toward completing education
- 100% demonstrated positive parenting skills
- 100% of children were enrolled in school
- 100% had healthy pregnancies and deliveries

Births to teens has decreased 50% since 2010.
Missouri Information for Community Assessment (MICCA), 2017
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Home-Based and Community-Based Services

<table>
<thead>
<tr>
<th>Children and Youth</th>
<th>Parents</th>
<th>Professionals</th>
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</thead>
<tbody>
<tr>
<td>4,823</td>
<td>2,334</td>
<td>150</td>
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</tbody>
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Big Brothers/Big Sisters, Boys & Girls Club, CHADS Coalition for Mental Health, Compass/Grider Health Center, Crisis Nursery, F.A.C.T., NAMI St. Louis, Nurses for Newborns, Sts. Joachim & Ann Care Service, and United Services for Children provided a variety of home and community-based services.

2017 Goal Achievements:
- 97% remained free from a school-related critical event
- 97% were free from law enforcement involvement
- 96% attended required school days each quarter
- 99% participated in goal-oriented education plan
- 94% were free of out-of-school suspensions
- 91% of children with autism increased their adaptive skills
- 94% of children with autism improved their cognitive skills
- 88% of parents had information they need to seek the school placement of their choice for their child
- 86% of parents seeking behavioral support plans at school were successful
- 92% of participants attending workshops reported a less judgmental view of people with mental illness
- 99% reported improvement in three basic need areas
- 94% of parents reported using one or more coping skills
- 98% of mentored and afterschool youth avoided risky behaviors
- 100% of youth served reported fewer explosive behaviors
- 91% of youth with depression reported reduced suicidal ideation
- 95% of mothers had their infants completely immunized
- 93% of students attending Powerhour completed their homework assignments on a daily basis

Outpatient Psychiatric Services

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<th>Youth</th>
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<td>127</td>
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Catholic Family Services offered comprehensive psychiatric services that included treatment planning, medication management, and nursing services.

2017 Goal Achievements:
- 94% maintained or improved their level of functioning
- 94% reported reductions in psychiatric symptoms
- 92% maintained or improved their functioning level by medication compliance

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<thead>
<tr>
<th>2018 Total Served†</th>
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<tbody>
<tr>
<td>Youth</td>
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<tr>
<td>79,836</td>
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†Numbers may be duplicated for some services.

School attendance was 95% for students K-12 in 2015; students in grades 9-12 had a 94% attendance rate. Missouri Kids Count, 2015

The number of substantiated cases of child abuse and neglect in St. Charles County is down 9% since 2000. Missouri Kids Count, 2015