

Outcome Report on Programs Serving St. Charles County Children, Youth and Families

Crisis Intervention

Youth	Parents	Professionals
1,826	501	452

Behavioral Health Response operated a 24-hour/7 day-a-week crisis intervention mobile outreach and telephone helpline, and *Youth In Need* hosted crisis intervention outreach services. *The Child Center, Inc.* provided forensic services for children. *Foster & Adoptive Care Coalition* provided 24/7 crisis intervention services for adoptive and foster children and families. *NAMI St. Louis* provided Crisis Intervention Training for law enforcement officers. *Saint Louis Counseling* provided school-based crisis intervention services in participating parochial schools in St. Charles County.

2018 Goal Achievements:

- 90% of children reported a reduction in anxiety and/or fear by end of session
- 96% of youth developed collaborative safety plans
- 98% of people accessing the Helpline gained knowledge of referral information/local resources
- 86% of adoptive and foster youth did not have an out-of-home placement
- 95% of officers gained knowledge of mental health issues and gained skills on how to de-escalate crises



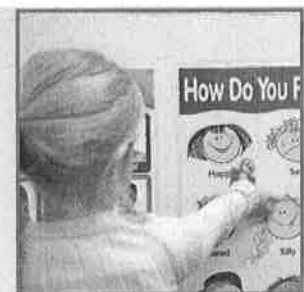
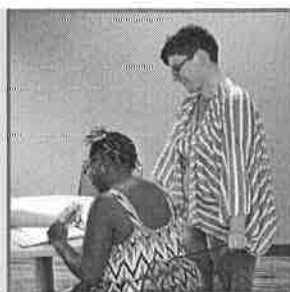
Individual, Family, and Group Counseling

Youth	Parents
2,580	1,369

Compass Health Network, Eleventh Circuit Court, Epworth Children and Family Services, FamilyForward, LINC St. Charles County, Lutheran Family and Children's Services, Megan Meier Foundation, Saint Louis Counseling, and Youth In Need provided individual, family, group counseling, and support groups for children and youth. Psychological assessments were provided by *Epworth Children and Family Services* and *UMSL Center for Behavioral Health*.

2018 Goal Achievements:

- 78% of youth maintained or improved their level of functioning
- 78% of youth maintained or decreased their level of symptoms
- 96% demonstrated progress on meeting treatment plan goals
- 93% of children demonstrated improvement in behavior at home and/or school
- 94% increased normalcy of relationship between non-custodial parent and children
- 84% of parents utilized and practiced coaching from program coordinator
- 100% of caregivers implemented at least one recommendation for aftercare/treatment to help manage their child's difficulties at home
- 100% of families were free of a substantiated incidents of child abuse and neglect



Photos courtesy of Megan Meier Foundation, Foster & Adoptive Care Coalition, Behavioral Health Response, and Compass Health Network

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Services To Teen Parents

Youth	Parents
78	23

Youth In Need provided services for teen parents including counseling, parenting and infant care education, and support groups. Our Lady's Inn provided a residential facility for homeless pregnant women and their children with services provided through a Child Advocate. The Sparrow's Nest provided residential care to young ladies up to age 20 who are pregnant or parenting a child under the age of 5.

2018 Goal Achievements:

- 95% of youth progressed toward completing their education
- 95% demonstrated positive parenting skills
- 100% of children were enrolled in school
- 97% had healthy pregnancies and deliveries

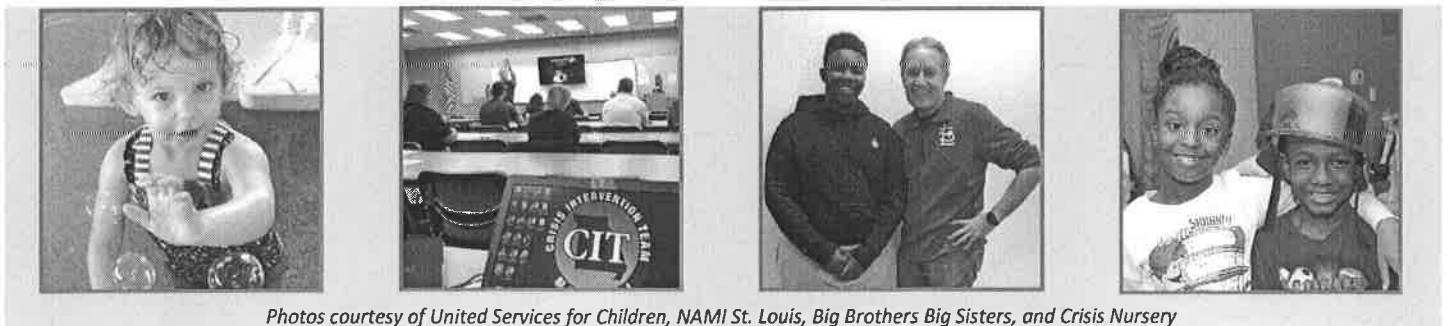
Home- and Community-Based Services

Children and Youth	Parents	Professionals
3,311	1,990	96

Big Brothers/Big Sisters, Boys & Girls Club, CHADS Coalition for Mental Health, Compass Health Network, Crisis Nursery, F.A.C.T., NAMI St. Louis, Nurses for Newborns, Sts. Joachim & Ann Care Service, and United Services for Children provided a variety of home and community-based services.

2018 Goal Achievements:

- 97% remained free from a school-related critical event
- 96% were free from law enforcement involvement
- 97% attended the required number of school days each quarter
- 100% participated in a goal-oriented education plan
- 92% were free of out-of-school suspensions
- 97% of children with autism participated in group activities
- 94% of children with autism responded to prompting 75% of the time
- 86% of parents had information they needed to seek the school placement of their choice for their child
- 82% of parents seeking behavioral support plans at school were successful
- 99% of participants attending workshops reported a less judgmental view of people with mental illness
- 100% reported improvement in three basic need areas
- 92% of parents reported using one or more coping skills
- 97% of mentored and afterschool youth avoided risky behaviors
- 93% of youth served remained in their natural residence
- 92% of youth with depression reported reduced suicidal ideation
- 93% of mothers had their infants completely immunized
- 97% of students attending Powerhour completed their homework assignments on a daily basis



Photos courtesy of United Services for Children, NAMI St. Louis, Big Brothers Big Sisters, and Crisis Nursery

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Respite Care Services

Children	Parents/Caregivers
616	373

Ensuring the safety of St. Charles County children and youth through respite services are top priorities of *Bethany Christian Services*, *Community Living, Inc.*, the *Crisis Nursery*, and *FamilyForward*.

2018 Goal Achievements:

- 99% of children continued to reside in the family home
- 95% of families reported reduction in stress
- 96% of families did not have a substantiated child abuse hotline report
- 98% of families responded to a stressful situation without abusive behaviors



Courtesy of Community Living

School-Based Prevention Services

Children and Youth	Parents	Professionals
102,927	3,693	4,084

A variety of school-based prevention services were provided through *CHADS Coalition for Mental Health* (suicide prevention), *The Child Center, Inc.* (sexual abuse prevention), *Compass Health Network* (violence prevention), *Kids Under Twenty One* (suicide prevention), *Preferred Family Healthcare* (substance abuse prevention), and *Thrive St. Louis* (sexual risk avoidance education).

2018 Goal Achievements:

- 97% knew how to physically get away from a threatening situation
- 97% verbalized their feelings to peers or adults when feeling peer pressure
- 95% of 3rd-6th graders learned internet safety skills
- 98% recognized two signs of inappropriate responses to anger in themselves
- 97% are better prepared to seek adult support when faced with a violent situation
- 97% of early education through 4th grade students learned their Body Safety Steps
- 99% of educators learned their role as a mandated reporter and how to respond to a child's disclosure
- 98% of parents learned how to handle a disclosure of sexual abuse
- 91% of youth improved school engagement skills
- 84% of youth developed risk management skills to avoid engaging in risky behaviors
- 89% of youth recognized warning signs of suicide
- 91% of youth gained knowledge of substance abuse issues
- 6% increased behavioral intention to delay sexual activity



Courtesy of Compass Health Network

Outpatient Psychiatric Services

Youth
48

Saint Louis Counseling offered comprehensive psychiatric services that included treatment planning, medication management, and nursing services.

2018 Goal Achievements:

- 50% maintained or improved their level of functioning
- 61% reported reductions in psychiatric symptoms
- 63% maintained or improved their functioning level by medication compliance

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Transitional Living Services

Youth
12

Youth In Need provided services to older adolescents who are for the most part homeless, have dropped out of school, and are at risk of committing or becoming a victim of crime.

2018 Goal Achievements:

- 95% of youth increased life skills
- 84% obtained and maintained employment
- 90% progressed toward completing their education



*Runaway & Homeless Youth Programs staff
Courtesy of Youth In Need*

Outpatient Substance Use Treatment

Youth	Parents
441	539

Preferred Family Healthcare provided comprehensive support for youth experiencing substance use problems, including evaluations, therapy, and education.

2018 Goal Achievements:

- 93% demonstrated a reduction in chemical usage and/or diagnostic symptoms
- 97% eliminated new drug-related involvement in the legal system
- 93% had improved family relationships and/or fewer conflicts
- 99% had safe and stable housing



*Client Artwork
Courtesy of Preferred Family Healthcare*

Temporary Shelter

Youth Receiving Shelter	Parents Served	Children Reached Through Safe Place Presentations
78	138	753

Temporary shelter services are provided through *Youth In Need* for adolescents aged 10 to 18, in crisis, and who are in need of temporary safe housing and counseling. The *Safe Place* program involved businesses and organizations identified as safe locations for youth at immediate risk of abuse. During 2018, 74 *Safe Place* and Youth Connection Helpline presentations were offered to businesses, adults, children, and youth.

2018 Goal Achievements:

- 73% of clients showed improved family relationships and functioning at home
- 96% of clients who lived at the shelter reported living in a safe situation following services
- 79% of youth showed an increase in coping and problem-solving skills and a reduction in destructive, aggressive, and/or illegal behavior
- 95% of youth requesting help through *Safe Place* reported living in a safe situation after services

2018 Total Served ¹		
Youth	Parents/Caregivers	Professionals
112,670	8,626	4,632

¹Numbers may be duplicated for some services.