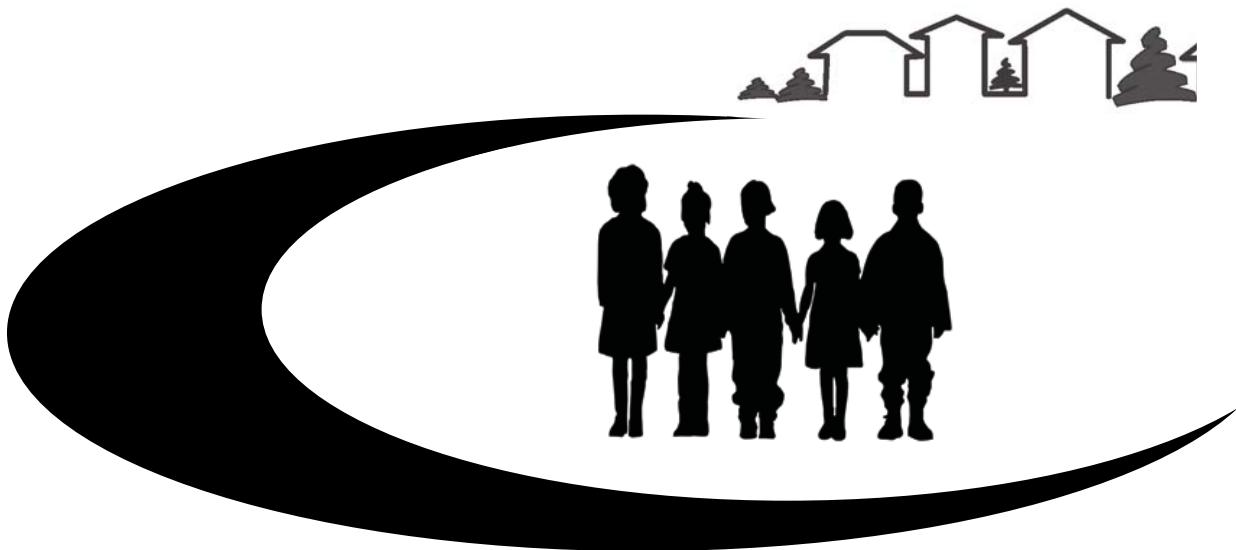




**The Community and Children's Resource Board  
of St. Charles County**

**Serving Children and Youth of St. Charles County and their Families  
through the St. Charles County Children's Service Fund**

*2015 Annual Report  
to the St. Charles Community*



Our mission is to maximize community resources to build and sustain a comprehensive system of services for children and families in need. Services are provided through our funding partnerships with area agencies working with children and youth in their homes, schools, and community settings.

Dear St. Charles County Residents,

We are pleased to present our 2015 Annual Report which provides information about the children and youth served during the year and a special insert that delineates program outcomes. It is our belief that there is a relationship between the expanded funding of services to a greater number of youth, strong program outcomes, and the larger community impact that St. Charles County has experienced in the last 10 years. While future study is necessary to validate these connections, we cannot ignore what has been accomplished in a very short period of time. St. Charles County continues to be ranked as the #1 rated County by Missouri Kids Count for child well-being. Look for a new section on our website, [www.stcharlescountykids.org](http://www.stcharlescountykids.org) opening in March of 2016 regarding community impact.

The CCRB is actively participating in the regional collective impact effort called Ready By 21, partnering with the other children's funding boards, the United Way, and many regional leaders from various organizations, foundations and businesses. It is an attempt to align services and outcomes to improve the quality of care for children from conception to career, and to help those youth who aren't getting the help they need. By working together to address healthcare, education, housing and food, and social services, it is our hope that all children will be able to successfully navigate childhood and adolescence so that they are ready for a secondary education and/or a viable career.

In 2015, we expanded our system of care to train school faculty in how to handle traumatized children and youth in the classroom, and additional teachers will get trained in 2016. As we expand the number of adults able to handle complicated reactions associated with past traumas, we can more adequately address a growing concern.

With growing concern about the heroin epidemic in our community, and the fact that we have now lost several youth to its gripping hold, we strive to expand education to the general community and services to youth needing treatment.

While we celebrate the accomplishments of our services, we recognize that we still have far to go to meet the needs of our young people. As always, we solicit your input in the prioritization of services and thank you for your direct support of our local agencies and through shopping locally.

Sincerely,

Kevin Cantwell  
Chairman

Bruce Sowatsky  
Executive Director

## 2015 CCRB Board of Directors

Kevin Cantwell, Board Chairman  
Ron Berrey, Ed.D., Vice Chair  
Luanne Cundiff, Treasurer  
Dave Beckering  
Molly Dempsey  
Linda Haberstroh  
Larry Marty  
Nancy Matheny  
Andrea Robertson

## CCRB Staff

Bruce Sowatsky  
Executive Director

Jan Lewien  
Grants Administrator

Michelle McElfresh  
Administrative Assistant  
Coordinator, Shower of Love



Artwork provided by  
Preferred Family Healthcare

## About the Community and Children's Resource Board (CCRB)

Our agency was formed in 1997 when a new Board of Directors replaced the St. Charles County Community Mental Health Board of Trustees. The Resource Board was created by the St. Charles County Council by County Ordinance 97-152. Board members are appointed by the County Executive, with approval by the St. Charles County Council. The Board's purpose is to oversee the administration, allocation, and distribution of funds authorized through the passage of Proposition 1 in November 2004, which established the Community Children's Services Fund for the purpose of providing funding to establish, operate, and maintain community mental health services for children, youth, and their families.

St. Charles County stands as a leader in the passage of the Putting Kids First initiatives. Other regional communities have also designed and successfully led campaigns to develop Community Children's Services Funds including Franklin, Jefferson, Lincoln, Boone, and St. Louis Counties in addition to the City of St. Louis. Through increased funding for children, youth, and their families, the above-listed communities are realizing positive results in areas related to school performance, decreased child abuse reports, improved behavioral concerns, reduced substance abuse, and improved overall mental health.

**Service Areas:** The CCRB funds agencies providing the following services to children and youth residing in St. Charles County.

- Temporary shelter
- Outpatient substance abuse treatment
- Transitional living services
- Home-based family intervention services
- School-based prevention services
- Outpatient psychiatric services
- Crisis intervention
- Respite services
- Counseling services
- Services to teen mothers/parents

---

## AGENCY VALUES

*Collaboration:* We encourage collaboration and integration of services that are effective, efficient and continually improved.

*Accountability:* The CCRB will develop accountable service delivery systems that are responsive to the community.

*Strength-Based:* We encourage our partner agencies to be strength-based in their approach to providing services to children, youth, and their families.



## Information on CCRB Funded Agencies

1. **Behavioral Health Response** - Provides crisis telephone support services, mobile outreach, and community based mental health awareness workshops.
2. **Bethany Christian** - Provides respite services to families needing short-term home-based care for children.
3. **Big Brothers/Big Sisters** - Home and community based program offering mentoring services to at-risk youth.
4. **Boys and Girls Club** - Home and community based services offering after-school and summer prevention programs for at-risk youth.
5. **Bridgeway Behavioral Health** - Offers outpatient substance abuse treatment for youth. Counseling is available to children whose mothers are receiving residential services.
6. **Catholic Family Services** - Provider of psychiatry, counseling, crisis intervention, and school based prevention education programs.
7. **Center for Autism Education** - Providing Rage to Reason program for children with autism and their families.
8. **CHADS Coalition for Mental Health** - Offers support services to youth and families in area of suicide programming and school based prevention.
9. **The Child Advocacy Center of N.E. Missouri, Inc.** - Offers sexual abuse prevention services to children, youth, parents, and professionals in school settings, and forensic interview services for children and youth involved in child abuse investigation cases.
10. **Children's Home Society** - Respite services are available for children with mental health and developmental challenges, and counseling services are provided for adoptive youth and their families.
11. **Community Living, Inc.** - Provides center-based respite services for children with developmental issues coupled with a mental health diagnosis.
12. **Crider Health Center** - Provides school based prevention services, home and community based services, and psychiatric treatment to children and youth with mental illness.
13. **Eleventh Circuit Court** - Offers parent-reunification services through the court system and delivered by professionals from Youth In Need.
14. **F.A.C.T. (Family Advocacy and Community Training)** - Provides parent partner services for families with children with a serious emotional disorder.
15. **Foster and Adoptive Care Coalition** - Works with families with foster and adopted children who need community outreach services.
16. **KUTO (Kids Under Twenty One)** - Offers suicide prevention educational workshops in three school districts in St. Charles County.
17. **Lutheran Family & Children's Services** - Offers professional counseling to children and youth, and group counseling is offered through the St. Charles City school district.
18. **Nurses for Newborns** - Works with teen parents/new moms to provide infant care, parent training and assistance.
19. **Our Lady's Inn** - Provides residential care to unwed mothers and their children through a two-year program including aftercare supports.
20. **Preferred Family Healthcare** - Programs include outpatient substance abuse treatment and school based prevention services that include counseling at-risk youth.
21. **Sts. Joachim and Ann Care Service** - Works with homeless and near homeless families to support the needs of children and youth.
22. **St. Louis Crisis Nursery** - Programs in three locations provide respite services for families of children under the age of 12. Home and community based services also engage at-risk families.
23. **The Alliance on Mental Illness-NAMI St. Louis** - Provides parent and caregiver educational workshops and community presentations on mental illness.
24. **ThriVe St. Louis** - Offers its sexual integrity prevention education program to middle and high school aged youth.
25. **United Services for Children** - Provides behavioral intervention classrooms for children with autism.
26. **Youth In Need** - Provides programs in counseling, teen parent services, temporary shelter, crisis intervention, and transitional living for youth from ages 11 to 19.

# Fiscal Year 2015 Children's Services Fund Distribution

(January 1 - December 31, 2015)

<u>Agency Name</u>	<u>Support/Services Area</u>	<u>FY 2015 Expenditures</u>
<b>Behavioral Health Response</b>	Youth Helpline/Crisis Intervention	\$ 71,608.83
<b>Bethany Christian</b>	Respite Services	4,350.00
<b>Big Brothers Big Sisters</b>	Home and Community Based Services	12,187.06
<b>Boys and Girls Club</b>	Home and Community Based Services*	49,921.92
<b>Bridgeway Behavioral Health</b>	Bridges to Success/Substance Abuse Treatment Counseling	164,588.84 12,900.00
<b>Catholic Family Services</b>	School-Based Prevention*	5,697.28
	Psychiatry Services	5,541.90
	Counseling Services*	44,788.82
	Crisis Intervention Services*	56,918.88
<b>Center for Autism Education</b>	Home and Community Based Services Capital**	8,112.16 1,249.29
<b>CHADS Mental Health Coalition</b>	Home and Community Based Suicide Prevention* School Based Prevention*	18,945.29 14,430.00
<b>The Child Center</b>	Sexual Abuse School Based Prevention* Crisis Intervention Services	316,177.56 45,000.12
<b>Children's Home Society</b>	Respite Services* Counseling	61,775.36 49,808.84
<b>Community Living, Inc.</b>	Out of Home Respite Care/Respite Services	49,845.60
<b>Crider Health Center</b>	Partnership with Families/Home and Community Based Services	775,775.75
	Mental Health Specialists/Home and Community Based Services	725,327.66
	Violence Prevention/School Based Prevention	179,440.00
	Pinocchio/Individual, Group, and Family Counseling	115,950.00
<b>Crisis Nursery-St. Charles and Wentzville</b>	Respite Services	444,260.00
	Family Empowerment/Home and Community Based Services	120,008.30
	Capital**	3,965.00
<b>Eleventh Circuit Court, St. Charles</b>	Therapeutic Supervised Visitation/Individual, Group, and Family Counseling	47,700.00
<b>F.A.C.T.</b>	Parent Partner (PWF Services through Crider Health** Center)/Home and Community Based Services Capital**	396,608.00 3,050.00
<b>Foster and Adoptive Care Coalition</b>	Counseling	30,444.00
<b>Kids Under Twenty-One (KUTO)</b>	Suicide Prevention Education/School Based Prevention	57,264.34

<u>Agency Name</u>	<u>Support/Services Area</u>	<u>FY 2015 Expenditures</u>
Lutheran Family and Children's Services	MET (Multimodal Emotion-focused Treatment)* Individual, Group, and Family Counseling	99,206.73
Nurses for Newborns	Home and Community Based Services*	108,717.85
Our Lady's Inn	Family Strengths Program/Services for Teen* Mothers/Parents	79,490.93
Preferred Family Healthcare	Wentzville Outpatient/Substance Abuse Treatment Team of Concern/School Based Prevention Services*	449,660.72 490,635.03
Saints Joachim and Ann Care Services	Children and Youth Support/Home and Community Based Services* Capital**	369,946.26 5,400.00
The Alliance on Mental Illness-NAMI St. Louis	Community Based Mental Health Advocacy and Education/Home and Community Based Services	13,673.63
ThriVe St. Louis	Sexual Integrity/School Based Prevention Services* Capital**	90,351.51 698.97
United Services for Children	Intensive Behavioral Intervention Classrooms Home and Community Based Services Capital**	92,821.55 2,390.00
Youth In Need	Teen Parent/Services for Teen Moms and Parents Transitional Living Services* Individual, Group and Family Counseling* Temporary Shelter Services Crisis Interventions	84,621.00 198,186.00 332,800.00 185,478.00 35,750.00
	<b>SUBTOTAL</b>	<b>\$6,533,488.98</b>

\* Supplemental Funds for Services were approved for the Boys and Girls Club (\$4,924.80); Catholic Family Services (\$1,246.28 for Prevention, \$3,935.88 for Crisis Intervention, and \$5,777.25 for Counseling); CHADS (\$10,530.00 for Prevention, \$4,295.52 for Home Based); Child Center (\$6,199.56 for Prevention Services); Children's Home Society (\$5,135.36 for Respite Services); Lutheran Children and Family (\$10,088.82 for Counseling); Nurses for Newborns (\$10,215.10 for Home and Community Based Services); Our Lady's Inn (\$5,342.38 for Unwed Mother Services); Preferred Family Healthcare (\$7,046.50 for School Based Prevention Services); Sts. Joachim and Ann Care Service (\$10,417.50 for Home and Community Based Services); Thrive (\$1,587.51 for Prevention); Youth In Need (\$5,280.00 for Counseling and \$8,160.00 for Transitional Living).

\*\* Supplemental Funds for Capital support was also approved for the Center for Autism (\$1,280.00); Crisis Nursery (\$3,965.00); E.A.C.T. (\$3,050.00); St. Joachim and Ann Care Service (\$5,400.00); Thrive (\$740.00); United Services (\$2,390.00)

Total Capital Supplemental Allowed:	\$16,825.00
Total Capital Supplemental Used (97.6%):	16,422.84

The 2014 Community Needs Assessment for St. Charles County reported on the unmet needs of children, youth, and their families for services related to mental health, substance abuse treatment, and child abuse and neglect. The types of services were broken down into ten service areas. Findings from the Needs Assessment report the following needs based on service type: \$149,109.00 for Temporary Shelter; \$162,713.60 for Respite; \$44,928.00 for Unwed Mothers & Teen Parents; \$1,241,604.00 for Substance Abuse Treatment; \$155,439.02 for Outpatient Psychiatric Treatment; \$388,212.00 for Transitional Living; \$97,681.08 for Crisis Intervention; \$699,001.35 for School Based Prevention; \$3,137,278.74 for Home and Community Based Services; and \$475,655.50 for Counseling Services. This brings total **unmet** child and youth mental health needs to \$6,506,363.69.

**Statement of Revenues and Expenditures - Year Ended 2015**

<b>REVENUES</b>	Taxes	\$ 6,826,369.88
	Investment Income	7,892.58
	Fundraising	7,793.93
	Miscellaneous	74.66
	(Refund of Taxes-TIF)	(220,842.84)
	<b>TOTAL REVENUES</b>	<b>\$6,621,288.21</b>
<b>EXPENSES</b>	Administration	\$ 321,340.45
	Accounting Services	10,800.00
	Show of Love Disbursements to Agencies	9,000.00
	Service Contracts	6,531,996.07
	<b>TOTAL EXPENSES</b>	<b>\$ 6,873,136.52</b>
	Excess of Revenues (Over)/Under Expenditures/Change in Net Assets	\$ (251,848.31)
	Fund Balance/Net Assets-Beginning of Year	\$2,367,522.38
	<b>Fund Balance/Net Assets-End of Year</b>	<b>\$1,921,635.30</b>

**Statement of Net Assets Balance Sheet ~Year Ended 2015**

<b>Assets</b>		<b>Liabilities</b>	
Checking Account	\$ 77,272.63	Accounts Payable	\$ 307,145.30
Services Fund	757,721.70	FED/FICA Payable	2,994.62
Interest Receivable	1,676.52		<b>\$ 310,139.92</b>
Sales Tax Receivable	1,083,579.45		
Capital Assets, net of depreciation	-	NET Position	
Deposit	<b>1,385.00</b>	Investment in Capital Assets	-
		Unrestricted	\$1,611,495.38
<b>Total Assets:</b>	<b>\$1,921,635.30</b>	<b>Total Net Position</b>	<b>\$1,921,635.30</b>

**Total Number of Children and Youth in 2015 Receiving Services:**

Temporary Shelter	748
Respite Services	513
Teen and Unwed Parents	241
Substance Abuse Treatment	335
Psychiatric Services	52
Transitional Living Services	18
Crisis Interventions	3,095
School-based Prevention	68,172
Home and Community-based Services	2,538
Counseling Services	1,123
<b>TOTAL</b>	<b>76,835</b>

During 2015, an additional 5,653 parents/guardians were provided services and 2,655 professionals, including educators, child care workers, mental health professionals, and other service providers participated in programs.

